WATER SAFETY IRELAND
Sábháilteacht Uisce na hÉireann

National Pool Lifeguard Award Level

(Level 1 - less than 1.5m) (Level 2 - greater than 1.5m)

WATER SAFETY EXAMINATION RETURN

Head Office:
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National Pool

Location _____ Address _____ County _____ Date _____

I agree to the management of my personal data in accordance with the General Data Protection Regulations (GDPR) 2018.				**Unit 1 BLS**	**Unit 2 Lifeguard Skills**	**Unit 3 Pool Operation Skills**	**Unit 4 WorkSheets**	**Overall Result**
ID No.	Name (Block Capitals)	DoB	Address	(100)	(100)	(40)	Pass/Fail	Pass/Fail

Examiner: _____ _____
Block Capitals Signature

Tutor: _____ _____
Block Capitals Signature

Return completed form to your Certificates Secretary

Class Secretary:

Name: _____

Address _____

_____

Phone: _____

Email: _____

Lifeguard Award Level 1 or 2 — Unit 1 - BLS Marking Sheet

Note 1: Only demonstrate "rescue breaths" if using BVM or own CPR Face Mask (Candidates should be trained in both) *Note 2: Clean any shared equipment between users*

No.	Name	Demonstrate Adult CPR & AED on an Adult Manikin 50	Demonstrate 2 person CPR with BVM on an Adult Manikin 10	Demonstrate CPR on Infant and/or Child Manikin 10	Turn an unconscious breathing casualty from prone to supine safely and place in the Recovery Position 20	Demonstrate how to treat Conscious and Unconscious "Foreign Body Airway Obstruction" and Vomiting 10	Sub-total Max mark 100	Pass/Fail Pass = 50 or more Fail = 49 or less
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2.								
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1.								
2.								

Candidates must achieve pass (50%) in each technique.

Examiner's Signature:_____ **Venue**_____ **Date**_____

National Pool Lifeguard Award Level 1 **Unit 2 - Lifeguard Skills Marking Sheet**

No.	Name	Swim 50m front crawl (within 1 minute) 50m breaststroke & 50m lifesaving strokes. 25m u/water - retrieve 3 objects, re-surface 3 times 10	Demo. 2 land based rescues 10	Demo. 2 non - contact rescues with suitable rescue aids 10	Demonstrate any 3 suitable contact rescues and releases from drowning grips 20	Demo. One evasive & one defensive technique 10	Demo. 3 methods of towing and a tired swimmer assist 10	Retrieve an Item from Deepest Part of Pool & Demonstrate rescue breaths in shallow water 10	Demonstrate Techniques for Spinal Injury Management and boarding in Shallow Water 20	Sub Total Max. 100	Pass/ Fail Pass = 50 or more. Fail = 49 or less
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2.											
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2.											
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2.											

Candidates must achieve pass (50%) in each technique.

Examiner's Signature:_____ **Venue**_____ **Date**_____

National Pool Lifeguard Award Level 2 **Unit 2 - Lifeguard Skills Marking Sheet**

No.	Name	Swim 50m front crawl (within 1 minute) 50m breaststroke & 50m lifesaving strokes 25m u/water, retrieve 3 objects, re-surface 3 times 10	Demo. 2 land based rescues 10	Safe entry with Rescue Tube, rescue subject & tow 10m 10	Demo 3 contact rescues and releases from drowning grips 20	Demo. One evasive & one defensive technique 10	Demo. 3 methods of towing and a tired swimmer assist 10	Surface dive to depth 1.5m-2m. retrieve manikin, surface and tow to shallow water. Demonstrate rescue breaths in water 10	Demonstrate Spinal Injury Vice grip method & Spinal Board management in shallow water 20	Sub Total Max. 100	Pass/ Fail Pass = 50 or more. Fail = 49 or less
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Candidates must achieve pass (50%) in each technique.

Examiner's Signature:_____ **Venue**_____ **Date**_____

National Pool Lifeguard Award Level 1 or 2 **Unit 3 - Pool Operation Skills Marking Sheet**

No.	Name	Assess Situation 10	Take Appropriate Action 10	Communicate Effectively 10	Initiate follow up procedures 10	Sub Total Max. 40	Pass/Fail 20 or more = pass. 19 or less = fail
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1.							
2.							
1.							
2.							

Candidates must achieve pass (50%) in each section above

Examiner's Signature:_____ **Venue**_____ **Date**_____