



Name:

Leana Liddane

How and when did you get involved in the sport?

I joined Ennis swimming club when I was 11 and they train surf lifesaving during the summer and my coach said to give it a shot and I loved it.

What is your favorite event?

My favourite individuals are swim and ocean person, my favourite team events are board rescue and Taplin.

Why do you love the sport?

I like the way that there's a variety of events it doesn't get boring and it's challenging.

What are you most excited for in Australia?

Representing Ireland at my second world championships, getting out of the rain, the surf, competing and the warm water.

What's your favourite training food?

Banana, lucozade and a good smoothie.

What's your favourite and least favorite part of training?

My favourite part of training is racing up against the lads and my least favourite part is getting into a wet wetsuit.

What's your favourite beach in Ireland? Spanish point