

| Lifeguard Provider | Type of Course | County | Tel. | Email |
|---------------------------|---------------------------|--|----------------------------|-------------------------------------|
| Michelle Gaynor | Pool and Inland Lifeguard | Carlow | 086-3059356 | michellegaynor@gmail.com |
| Seamus Maher | Pool Lifeguard | Carlow and Surrounding Counties | 087-2932869 | smahers@eircom.net |
| Helen O'Hara | Pool Lifeguard | Cavan | 049-4335084 | oharabar03@yahoo.co.uk |
| Clive Seawright | Pool Lifeguard | Cork | 027-66134 | cliveseawright@gmail.com. |
| Martin O'Sullivan | Pool & Beach Lifeguard | Cork | 086-3707913 | martinosullivan@gmail.com |
| Niall McCarthy | Pool Lifeguard | Cork | | niall945@hotmail.com |
| Sean O'Keefe | Pool Lifeguard | Cork | 086 3252119 | okeefe.sean@gmail.com |
| Siobhan Ni Laocha | Pool Lifeguard | Cork | 087-9274671 | snilaocha@gmail.com |
| Annie Sheridan | Pool Lifeguard | Donegal | 087-9472131 | anniesheridan@gmail.com |
| Anthony Sheridan | Pool Lifeguard | Donegal | 086-3029283 | turkwad@yahoo.com |
| Seamus O'Neill | Pool & Beach Lifeguard | Donegal | 085-1131114 | seamusoneill5@gmail.com |
| Thomas Redmond | Pool Lifeguard | Donegal | 086-0877764 | thomasred@gmail.com |
| Simon McGarrigle | Pool Lifeguard | Donegal/Dublin | 087-9650925 | simonmcgarrigle@yahoo.co.uk |
| Aimee Good | Pool Lifeguard | Dublin | 086-8808336 | aimeegood_14@hotmail.com |
| Aisling Cushen | Pool Lifeguard | Dublin | 087-9173791 | Aisling.cushen@gmail.com |
| Catherine Fleming | Pool Lifeguard | Dublin | 087-2856848 | flemocgf@hotmail.com |
| Ciaran Devins | Pool & Beach Lifeguard | Dublin | | beachwatersafety@gmail.com |
| Paul Hayes | Pool & Beach Lifeguard | Dublin | 086-2692399 | paulhayes383@gmail.com |
| Cormac Wickham | Pool Lifeguard | Dublin | 086-8560635 | cormacwickham@aol.com |
| Jack Mason | Pool Lifeguard | Dublin | 01-450-7040 | |
| Jackie Roche | Pool Lifeguard | Dublin | | jackieroche@gmail.com |
| Jason Campbell | Pool Lifeguard | Dublin | | jason88campbell@hotmail.com |
| Matthew Campbell | Pool & Beach Lifeguard | Dublin | 087-6498469 | maitiu@hotmail.com |
| Andrew Lally | Pool & Beach Lifeguard | Galway | 087-9326995 text/voicemail | lallyandrew@gmail.com |
| Fiona Carroll | Pool Lifeguard | Kerry | | ficida@yahoo.ie |
| Deirdre Webster | Pool Lifeguard | Kildare | 087 2704938 | deidrewebster@hotmail.com |
| Leo Mahon | Pool Lifeguard | Kildare | 086-8146261 | info@kildarewatersafety.ie |
| Philip Kelleghan | Pool Lifeguard | Kildare, Wicklow, Dublin, Carlow, Offaly | 087 9178213/045 865059 | pkeleghan@eircom.net |
| Evelyn McFadden | Pool Lifeguard | Kildare/Nationwide | 087 8512901 | 1evelynmcfadden@gmail.com |
| Margaret McKay | Pool Lifeguard | Kildare/Dublin/Nationwide | 01 4574858 | margaretmckay@clondalkinleisure.com |
| Philip McKay | Pool Lifeguard | Kildare/Dublin/Nationwide | 01 4574858 | philipjmckay@gmail.com |
| John Claffey | Pool Lifeguard | Kilkenny | (086) -6010347 | ionclaffey@eircom.net |
| Noel McCarthy | Pool Lifeguard | Laois | 086-4113925 | |
| Valerie Case | Pool Lifeguard | Laois and Surrounding Counties | 086-8335149/057-8733370 | valcase.case@gmail.com. |
| Ciara O'Sullivan | Pool Lifeguard | Limerick City | 061-213519 | ciara.osullivan@ul.ie |
| Fergus O'Neill | Pool Lifeguard | Limerick City | 087-3285687 | fergieneale@yahoo.ie |
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|---------------------------|------------------------|------------------------------------|------------------------|--|
| Ger Riordan | Pool Lifeguard | Limerick City | 087-9184801 | ger.riordan@amcsgroup.com |
| Jim Riordan | Pool Lifeguard | Limerick City | 087-8122175 | jimriordan@eircom.net |
| Lisa Horgan | Pool Lifeguard | Limerick City | 087-1301531 | lhorgan@cco.ie |
| Maria Allen | Pool Lifeguard | Limerick City | 086-8578873 | allenmaria50@hotmail.com |
| Kate O'Hara | Pool Lifeguard | Limerick County | 085-1407415 | kateohara3m@hotmail.com |
| Ita Hamill | Pool Lifeguard | Louth | 086-6008647 after 4pm | ita.hamill@gmail.com |
| Jennifer Lennon | Pool Lifeguard | Louth | 087-2044470 | jennifer.k.lennon@gmail.com |
| Paul McBride | Pool Lifeguard | Louth/Dublin | 086-3195947 | paulmcbride1@hotmail.com |
| Jim O'Neill | Pool & Beach Lifeguard | Mayo | 087-2860565 | jimoneill08@eircom.net |
| Pauline Jordan | Pool & Beach Lifeguard | Mayo | 087-1307329 | pauline.jordan@gmit.ie |
| Amelia Reilly | Pool Lifeguard | Meath - Kells Swimming Pool | 046-9240551. | areilly@meathcoco.ie |
| Brendan McGrath | Pool Lifeguard | Nationwide | 087 4199769 | allthemcgraths@eircom.net |
| Darren O'Neill | Pool Lifeguard | Offaly | 086-1593480 | doneill2@eircom.net |
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| Patrick Cummins | Pool Lifeguard | Tipperary and Surrounding Counties | 086-9371030 | patrickcummins@eircom.net |
| Liam Corcoran | Pool & Beach Lifeguard | Tipperary North | 087-2952840 | liam_corcoran2@merck.com |
| Tom Mackey | Pool & Beach Lifeguard | Tipperary North | | tmackey@northtippcoco.ie |
| Donal McNamara | Pool Lifeguard | Tipperary South | 052-6125039/051-601339 | DONAL_MCNAMARA@MERCK.COM |
| Sharon Walsh | Pool Lifeguard | Tipperary South | 086-2465609 | sharonawalsh@eircom.net |
| Sean Connor | Pool Lifeguard | Waterford/ Nationwide | 087-7523876 | sconnor@wit.ie |
| Brian Fagg | Pool Lifeguard | Westmeath | 906474171 | |
| Gerry Flannery | Pool Lifeguard | Westmeath | 087-2716397 | gflannery@gmail.com |
| Morgan Fagg | Pool Lifeguard | Westmeath | 087-8653859 | morgan6177@hotmail.com |
| Anne Ryan | Pool & Beach Lifeguard | Wexford | 087-4123457 | ryan.anne2@gmail.com |
| David Lee | Pool Lifeguard | Wexford | 086-1928944 | |
| Tom Doyle | Pool & Beach Lifeguard | Wexford | 087-2588463 | tom.doyle@wexfordcoco.ie |
| Lola O Sullivan | Pool & Beach Lifeguard | Waterford/ Nationwide | (086) -2336906 | cllrlosullivan@waterfordcouncil.ie |