**Lifesaving Sport**

**Overall Combined Still & Open Water Competitions 2023**

|  |  |
| --- | --- |
| **National Nipper Champions** | Waterford |
| **National Junior Champions** | Wicklow |
| **National Senior Champions (Presidents Trophy)** | Wicklow Ladies A |
| **National Masters Champions** | Waterford  |

**National Senior Open Water Championships**

Number of Competitors: 145

Team Results:

* Ladies:
	1. Wicklow A
	2. Clare A
	3. Donegal A
* Men:
	1. Clare A
	2. Waterford A
	3. Wicklow A

All team scores & individual event results available online.

**National Senior Still Water Championships**

Number of Competitors: 124

Team Results:

* Ladies:
	1. Wicklow A
	2. Clare A
	3. Cork A
* Men:
	1. Clare A
	2. Kilkenny A
	3. Wicklow A

All team scores & individual event results available online

**National Masters Open Water Championships**

Number of Competitors: 62

Team Results:

1. Waterford
2. Sligo
3. Wicklow

All team scores & individual event results available online

**National Masters Still Water Championships**

Number of Competitors: 68

Team Results:

1. Waterford
2. Cork
3. Wicklow

All team scores & individual event results available online

**National Junior Open Water Championships**

Regional Qualification Competitions – Individual results available online

* Ulster/Connaught: \_\_57\_\_ Competitors
* Munster: \_122\_\_ Competitors
* Leinster: \_56\_ Competitors

**National Championships**

Number of Competitors: 190

Team Results:

* Ladies:
	1. Wicklow
	2. Clare
	3. Cork
* Men:
	1. Cork
	2. Wicklow
	3. Clare

All team scores & individual event results available online

**National Junior Still Water Championships**

Number of Competitors: 127

Team Results:

* Ladies:
	1. Cork A
	2. Wicklow A
	3. Waterford A
* Men:
	1. Waterford A
	2. Wicklow A
	3. Cork A

All team scores & individual event results available online

**National Nipper Open Water Championships**

Regional Qualification Competitions – Individual results available online

* Ulster/Connaught: \_\_162\_\_ Competitors
* Munster: \_\_269\_ Competitors
* Leinster: \_138\_ Competitors

**National Championships**

Number of Competitors: 345

Team Results:

* Junior Nipper:
	1. Clare
	2. Sligo
	3. Waterford
* Senior Nipper:
	1. Waterford
	2. Clare
	3. Wicklow

All team scores & individual event results available online

**National Nipper Stillwater Championships**

Regional Qualification Competitions – Individual results available online

* Ulster/Connaught: \_\_88\_\_ Competitors
* Munster: \_229\_\_ Competitors
* Leinster: \_122\_ Competitors

**National Championships**

Number of Competitors: 273

Team Results:

* Junior Nipper:
	1. Clare
	2. Waterford
	3. Wicklow
* Senior Nipper:
	1. Clare
	2. Waterford
	3. Cork

All team scores & individual event results available online

**Junior European Championships, Poland**

Overall Team Result: 6th

Medals: 5 Gold, 10 Silver, 9 Bronze

Medal Winners Were:

Gold:

· Leana Liddane won Gold in the Swim Race

· Oisin O’Grady and Ferdia Hayes won Gold in the Board Rescue

· Amy Noble and Leana Liddane won Gold in the Board Rescue

Silver:

· Leana Liddane won Silver in the Board Race

· Leana Liddane won Silver in the Oceanman/Oceanwoman

· Amy Noble, Katie Cotter, Elin Blake and Lily Sheehy won Silver in the Tube Rescue

· Amy Noble, Jamie Flynn, Leana Liddane and Finn Harris won Silver in the Mixed Ocean Relay

Bronze:

· Ferdia Hayes won Bronze in the Oceanman/Oceanwoman

· Jamie Flynn, Charlie Brennan, Oisin O’Grady and Cailim Van Dam won bronze in the Tube Rescue

· Oisin O’Grady, Finn Harris, Jamie Flynn and Cailim Van Dam won bronze in the Beach Sprint Relay

**Senior European Championships, Belgium**

Overall Team Result: 8th

Medals: 1 Gold, 4 Bronze

Medal Winners Were:

Gold:

· Leana Liddane won Gold in the Swim Race

Bronze:

· Leana Liddane & Bea Greenberg won Bronze in the Board Rescue

· Tom Breen & Odhran Savage bronze in the Board Rescue

**Referees**

National C Stillwater Referee course: 19 Candidates

3 Irish International B Referees upgraded to International A Referees

* Pamel McGrath – Clare
* Patrick ’Grady – Clare
* Andrew Lally - Galway

international referee appointments, including:

* European Championships Chief Referees: Daniel Wrafter and Clare McGrath.
* European Championships Officials: Patrick O’Grady, Pamela McGrath, and Sinead Weldon.
* **Coaches**
* 7 Assistant Coach Course: 92 Candidates
* 1 Level 1 Coach Course: 15 Candidates