



# WATER SAFETY IRELAND

Sábháilteacht Uisce na hÉireann

## National Pool Lifeguard Award Level Revalidation

(Level 1 - less than 1.5m) (Level 2 - greater than 1.5m)

### WATER SAFETY EXAMINATION RETURN

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Location \_\_\_\_\_ Address \_\_\_\_\_ County \_\_\_\_\_ Date \_\_\_\_\_

<i>I agree to the management of my personal data in accordance with the General Data Protection Regulations (GDPR) 2018.</i>				Unit 1 BLS	Unit 2 Lifeguard Skills	Unit 3 Pool Operation Skills	Unit 4 MCQ	Overall Result
ID No.	Name (Block Capitals)	DoB	Address	(100)	(100)	(40)	Pass/Fail	Pass/Fail

  

<p>Examiner: _____ Block Capitals Signature</p> <p>Tutor: _____ Block Capitals Signature</p> <p>Return completed form to your Certificates Secretary</p>	<p>Class Secretary:</p> <p>Name: _____</p> <p>Address _____ _____</p> <p>Phone: _____</p> <p>Email: _____</p>
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# National Pool Lifeguard Award Level 1 or 2 Revalidation

# Unit 1 BLS Marking Sheet

Note 1: Only demonstrate "rescue breaths" if using BVM or own CPR Face Mask (Candidates should be trained in both)

Note 2: Clean any shared equipment between users

No.	Name	Demonstrate Adult CPR, AED and 2 person BVM on an Adult Manikin 50	Demonstrate 2 person CPR on an Adult Manikin 10	Demonstrate CPR on Infant and/or Child Manikin 10	Turn an unconscious breathing casualty from prone to supine safely and place in the Recovery Position 20	Demonstrate how to treat Conscious and Unconscious "Foreign Body Airway Obstruction" and Vomiting 10	Sub-total Max mark 100	Pass/Fail Pass = 50 or more Fail = 49 or less
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2.								
1.								
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1.								
2.								

Candidates must achieve pass (50%) in each technique

Examiner's Signature: \_\_\_\_\_ Venue \_\_\_\_\_ Date \_\_\_\_\_

No	Name	Swim 50m front crawl (within 1 minute) 50m breaststroke & 50m lifesaving strokes 25m u/water, retrieve 3 objects, re-surface 3 times 10	Demo. 1 land based rescues 10	Demo. 1 non-contact rescue with a suitable rescue aid. 10	Demo. Front Surface approach and carry, Rescue using a rescue tube and a tired swimmer assist. (10m carry/tow) 30	Demo. One evasive and one defensive technique 10	Retrieve an item from deepest part of pool, exchange for manikin, Demonstrate shallow water resuscitation. 10	Demo. Techniques for Spinal Injury management and boarding in shallow water 20	Total  Max. 100	<u>Pass/Fail</u>  Pass = 40 or more.  Fail = 39 or less
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2.										
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Candidates must achieve pass (50%) in each technique

Examiner's Signature \_\_\_\_\_ Venue \_\_\_\_\_ Date \_\_\_\_\_

# National Pool Lifeguard Award Level 2 Revalidation

# Unit 2 - Lifeguarding Skills Marking Sheet

No.	Name	Swim 50m front crawl (within 1 minute) 50m breaststroke & 50m lifesaving strokes 25m u/water, retrieve 3 objects, re-surface 3 times 10	Demo. 1 land based rescue 10	Safe entry with Rescue Tube, Rescue subject & tow 10m 10	Demo. 2 from contact rescues and releases from drowning grips and a tired swimmer assist (all with 10m carry/tow) 30	Demo. evasive or defensive action technique 10	Surface dive to depth 1.5m-2m, retrieve manikin, surface and tow to shallow water. Demonstrate rescue breaths in shallow 10	Demo. Spinal Injury management and boarding in shallow water 20	Total  <b>Max (100)</b>	Pass /Fail  Pass = 50 or more  Fail = 49 or less
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Candidates must achieve pass (50%) in each technique

Examiner's Signature \_\_\_\_\_ Venue \_\_\_\_\_ Date \_\_\_\_\_

No.	Name	Assess Situation  10	Take Appropriate Action  10	Communicate Effectively  10	Initiate follow up procedures  10	Total  Max. 40	Pass/Fail  20 or more = pass. 19 or less = fail
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2.							
1.							
2.							
1.							
2.							
1.							
2.							
1.							
2.							
1.							
2.							

Candidates must achieve pass (50%) in each section above

Examiner's Signature: \_\_\_\_\_

Venue: \_\_\_\_\_

Date \_\_\_\_\_