

WATER SAFETY IRELAND

Sábháilteacht Uisce na hÉireann

National Pool Lifeguard Award Level (Level 1 - less than 1.5m) (Level 2 - greater than 1.5m) Revalidation

WATER SAFETY EXAMINATION RETURN

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Location		Addre	ss	Cour	nty	Date	Unit 3 Unit 4 Overall			
	I agree to the mana with the General Da	agement of my ata Protection	personal data in accordance Regulations (GDPR) 2018.	Unit 1 BLS	Unit 2 Lifeguard Skills	Pool Operation				
ID No.	Name (Block Capitals)	DoB	Address	(100)	(100)	(40)	Pass/Fail	Pass/Fail		
						Class Secretary:				
	Examiner:			Name	<u> </u>					
	Block Cap	oitals	Signature	Addres	ss					
	Tutor:									
	Block Ca	apitals	Signature	Phone	:					
	Return completed form to you	ur Certificates Se	ecretary	Email:						

National Pool Lifeguard Award Level 1 or 2 Revalidation

Unit 1 BLS Marking Sheet

Note 1: Only demonstrate "rescue breaths" if using BVM or own CPR Face Mask (Candidates should be trained in both) Note 2: Clean any shared equipment between users

No.	Name	Demonstrate Adult CPR, AED and 2 person BVM on an Adult Manikin	Demonstrate 2 person CPR on an Adult Manikin	Demonstrate CPR on Infant and/or Child Manikin	Turn an unconscious breathing casualty from prone to supine safely and place in the Recovery Position	Demonstrate how to treat Conscious and Unconscious "Foreign Body Airway Obstruction" and Vomiting	Sub-total Max mark	Pass/Fail Pass = 50 or more Fail = 49 or
		50	10	10	20	10	100	less
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Candidates must achieve pass (50%) in each technique

Examiner's Signature:	Venue	Date
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No.	Name	150m Swim frontcrawl (timed) breaststroke & lifesaving stroke 25m u/water, retrieve 3 objects, re-surface 3 times	Demo. 1 land based rescues	Demo. 1 non - contact rescue with a suitable rescue aid.	Demo. Front Surface approach and carry, Rescue using a rescue tube and a tired swimmer assist. (10m carry/tow)	Demo. One evasive and one defensive technique	Retrieve an item from deepest part of pool, exchange for manikin, Demonstrate shallow water resuscitation.	Demo. Techniques for Spinal Injury management and boarding in shallow water	Total Max. 100	Pass/Fail Pass = 40 or more. Fail = 39 or less
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Candidates must achieve pass (50%) in each technique

Examiner's Signature	Venue	Date	
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No.	Name	150m Swim frontcrawl (timed) breaststroke & lifesaving stroke. 25m u/water, retrieve 3 objects, re-surface 3 times	Demo. 1 land based rescue	Safe entry with Rescue Tube, rescue subject & tow 10m	Demo. 2 from contact rescues and releases from drowning grips and a tired swimmer assist (all with 10m carry/tow)	Demonstrate evasive or defensive action technique	Surface dive to depth 1.5m-2m, retrieve manikin, surface and tow to shallow water. Demonstrate rescue breaths in shallow	Demo. Spinal Injury management and boarding in shallow water	Total Max	Pass /Fail Pass = 50 or more
		10	10	10	30	10	10	20	<u>(100)</u>	49 or less
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Candidates must achieve pass (50%) in each technique

Examiner's Signature	V	'enue	Date

No.	Name	Assess Situation	Take Appropriate Action	Communicate Effectively	Initiate follow up procedures	Total	Pass/Fail
		10	10	10	10	Max. 40	20 or more = pass. 19 or less = fail
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Candidates must achieve pass (50%) in each section above

Examiner's Signature:	Venue:	Date	