

#### WATER SAFETY IRELAND Sábháilteacht Uisce na hÉireann

# National Beach Lifeguard Award Revalidation

WATER SAFETY EXAMINATION RETURN

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Location		Addre	SS	County		Date	
			personal data in accordance Regulations (GDPR) 2018.	Section A BLS	Section B Oral Test or MCQ	Section C Open Water Practical	Overall Result
ID No.	Name (Block Capitals)	DoB	Address	(100)	(50)	(100)	Pass/Fail
					Class Secre	l tary:	
_	xaminer:			Name:			
L	Block Capit	tals	Signature	Address			
				Address			
Т	utor:	<u> </u>					
	Block Cap	DITAIS	Signature	Phone:			
R	eturn completed form to your	Certificates Secr	retary	Email:			

### **National Beach Lifeguard Award Revalidation**

#### **Section A - BLS Marking Sheet**

Note 1: Only demonstrate "rescue breaths" if using BVM or own CPR Face Mask (Candidates should be trained in both)

Note 2: Clean any shared equipment between users

No.	Name	Demonstrate Adult CPR, AED and 2 person BVM on an Adult Manikin	Demonstrate 2 person CPR on an Adult Manikin	Demonstrate CPR on Infant and/or Child Manikin	Turn an unconscious breathing casualty from prone to supine safely and place in the Recovery Position	Demonstrate how to treat Conscious and Unconscious "Foreign Body Airway Obstruction" and Vomiting	Sub- total  Max mark 100	Pass/Fail  Pass = 50 or more  Fail = 49 or less
1.								
2.								
3.								
4.								
5.								
6.								
7.								
8.								
9.								
10.								
11.								
12.					and test item above			

Candidates must achieve pass (50%) in each test item above

Examiner's Signature:	Venue	Date
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		Oral Test (or MCQ) from the following Beach Lifeguard Manual Modules	Total Mark
No.	Name	g and g	
	ramo	i. N.O.P. procedures	Pass = 25 or more. Fail = 24 or less
		ii. E.A.P. procedures	
		iii. BLS Theory	(FO)
1.		iv. Communications Techniques	(50) max.
2.		v. Observation Techniques	
3.		vi. First Aid Awareness	
4.		vii. Equipment	
5.		viii. The Beach Environment (Features/ Risks)	
6.		ix. Terms and Conditions of employment	
7.		x. Regulations	
8.		xi. Customer Care	
9.		xii. Child Protection	
10.		xiii. Follow up procedures (reporting procedures etc)	
11.		Note: Questions based on Local Authority Safety Statement and on the Beach Lifeguard Manual Worksheets.	
12.		Lingual a mariaar 170 Koriooto.	

Candidates must achieve pass (50%) in Oral Test or MCQ

	Examiner's Signature:	Venue	Date
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## **Section C – Open Water Practical Marking Sheet**

No.	Name	400m run along beach to water's edge, carrying rescue tube/can buoy and fins. Swim to marker 100m from waist depth and return to shore (8 mins)	Rescue a conscious casualty 100m from waist deep water using rescue tube or can buoy and fins.	Rescue an unconscious casualty from waist depth water using rescue board or ski. Demonstrate EAR on equipment and return to shore with casualty	Rescue a casualty 50m from waist deep water using a cross chest carry only.  (A half full submersible manikin may be used)	Staged Incident set up by Examiner with a minimum of 3 victims, none more than 50m from waist deep water. Candidate will direct and carry out rescues with the help of another candidate	Total mark (max 100)  Pass = 50 or more. Fail = 49 or less  (100 max.)
1.		30	20	10	10	30	(100 max.)
2.							
۷.							
3.							
4.							
5.							
6.							
7.							
8.							
9.							
10.							
11.							
12.							

Candidates must achieve pass (50%) in each test Item above

Examiner's Signature:	Venue	Date