

| Swim Teacher Tutor | County                          | Tel.                                   | Email  |
|--------------------|---------------------------------|--|--|
| Seamus O'Neill     | Ballyshannon, Co. Donegal       | 085 1131114                            | <a href="mailto:seamus@oneillsballyshannon.com">seamus@oneillsballyshannon.com</a>           |
| Seamus Maher       | Carlow and Surrounding Counties | 087 2932869                            | <a href="mailto:seamusmaher@outlook.ie">seamusmaher@outlook.ie</a>                           |
| Philip Keleghan    | Carlow                          | 087 9178213 or 045 865059              | <a href="mailto:philip@keleghan.ie">philip@keleghan.ie</a>                                   |
| Helen O'Hara       | Cavan                           | 089 4255955                            | <a href="mailto:helen.ohara@yahoo.ie">helen.ohara@yahoo.ie</a>                               |
| Celine Mooney      | Cavan                           | 086 2046104                            | <a href="mailto:celinemcbennett@gmail.com">celinemcbennett@gmail.com</a>                     |
| Clodagh Gray       | Cavan                           | 085 7087461                            | <a href="mailto:clodaghgray10@gmail.com">clodaghgray10@gmail.com</a>                         |
| Gerry Brennan      | Cavan                           | 087 9222384                            | <a href="mailto:gerrybrennan2008@hotmail.com">gerrybrennan2008@hotmail.com</a>               |
| Brendan McGrath    | Clare / Nationwide              | 087 419-9769                           | <a href="mailto:allthemcgraths44@gmail.com">allthemcgraths44@gmail.com</a>                   |
| Clare McGrath      | Clare                           | 087 6260315                            | <a href="mailto:mcgrathclare@gmail.com">mcgrathclare@gmail.com</a>                           |
| Martina O'Hagan    | Clare                           | 087 6945976                            | <a href="mailto:martina.ohagan@yahoo.ie">martina.ohagan@yahoo.ie</a>                         |
| Eleanor McInerney  | Clare                           | 087 9911269                            | <a href="mailto:burke_ellie@yahoo.ie">burke_ellie@yahoo.ie</a>                               |
| Clive Seawright    | Cork                            | 027-66134 / 086-8151816                | <a href="mailto:cliveseawright@gmail.com">cliveseawright@gmail.com</a>                       |
| Martin O'Sullivan  | Cork                            | 086 3707913                            | <a href="mailto:martinosullivan@gmail.com">martinosullivan@gmail.com</a>                     |
| Geraldine Lehane   | Cork                            | 021-4887034/087-6354498 (after 1.30pm) | <a href="mailto:ger.brian@hotmail.com">ger.brian@hotmail.com</a>                             |
| Ciarán Seawright   | Cork / Munster                  | 0851034857                             | <a href="mailto:ciaran.seawright@gmail.com">ciaran.seawright@gmail.com</a>                   |
| Siobhán Ní Laocha  | Cork / Munster                  | 087 9274671                            | <a href="mailto:siobhan@biasure">siobhan@biasure</a>   |
| Seamus O'Neill     | Donegal                         | 085 1131114                            | <a href="mailto:seamus@oneillsballyshannon.com">seamus@oneillsballyshannon.com</a>           |
| Charles Kennedy    | Donegal / Nationwide            | 086 3175629                            | <a href="mailto:kennedycharlie54@gmail.com">kennedycharlie54@gmail.com</a>                   |
| Margaret McKay     | Dublin                          | 087 6158573                            | <a href="mailto:margaretmckay@clondalkinleisure.com">margaretmckay@clondalkinleisure.com</a> |
| Paul Hayes         | Dublin                          | 086-2692399                            | <a href="mailto:paulhayes383@gmail.com">paulhayes383@gmail.com</a>                           |
| Ray Wickham        | Dublin                          | 087 2781707                            | <a href="mailto:raywickham@gmail.com">raywickham@gmail.com</a>                               |
| Caroline Cunniffe  | Dublin                          | 087 2311205                            | <a href="mailto:carolinecunniffe@gmail.com">carolinecunniffe@gmail.com</a>                   |
| Bernie Gaines      | Dublin / Nationwide             | 087 7005187                            | <a href="mailto:gainesbernie@gmail">gainesbernie@gmail</a>                                   |
| John Farrell       | Dublin / Nationwide             | 087-2831964                            | <a href="mailto:johnfarrell.ias@gmail.com">johnfarrell.ias@gmail.com</a>                     |
| John Fox           | Dublin / Nationwide             | 087 6431995                            | <a href="mailto:swimbudfox@hotmail.com">swimbudfox@hotmail.com</a>                           |
| Cormac Wickham     | Dublin / Nationwide             | 086 8560635                            | <a href="mailto:cormacwickham@aol.com">cormacwickham@aol.com</a>                             |
| Ronnie Horan       | Dublin / Nationwide             | 087-2444649                            | <a href="mailto:horanronnie1@gmail.com">horanronnie1@gmail.com</a>                           |
| Martin Kavanagh    | Dublin / Nationwide             | 087 2481499                            | <a href="mailto:stpaulsswim@yahoo.ie">stpaulsswim@yahoo.ie</a>                               |
| Philip Keleghan    | Dublin                          | 087 9178213 or 045 865059              | <a href="mailto:philip@keleghan.ie">philip@keleghan.ie</a>                                   |
| Jarlath Naughton   | Dublin                          | 085 7320909                            | <a href="mailto:charlie@athlonersc.ie">charlie@athlonersc.ie</a>                             |
| Matthew Campbell   | Dublin                          | 087 6498469                            | <a href="mailto:matthew@poolguard.ie">matthew@poolguard.ie</a>                               |
| Andrew Lally       | Galway                          | 087 9326995 text or voicemail          | <a href="mailto:lallyandrew@gmail.com">lallyandrew@gmail.com</a>                             |
| Roisin Lally       | Galway                          | 087 8246338                            | <a href="mailto:roisinelally@yahoo.ie">roisinelally@yahoo.ie</a>                             |
| Eleanor McInerney  | Galway                          | 087 9911269                            | <a href="mailto:burke_ellie@yahoo.ie">burke_ellie@yahoo.ie</a>                               |
| Henry Mullen       | Galway / Nationwide             | 087 2257991                            | <a href="mailto:hmullen00@gmail.com">hmullen00@gmail.com</a>                                 |

| Swim Teacher Tutor     | County                      | Tel.                      | Email  |
|------------------------|-----------------------------|---------------------------|--|
| Eileen Sayers          | Kerry                       | 087 2093874               | <a href="mailto:eileen.sayers@staff.ittralee.ie">eileen.sayers@staff.ittralee.ie</a> |
| Sean Connell           | Kerry                       | 087 2456517               | <a href="mailto:sean@excelpool.ie">sean@excelpool.ie</a>                             |
| Deirdre Webster        | Kildare                     | 087 2704938               | <a href="mailto:deirdrewebster@hotmail.com">deirdrewebster@hotmail.com</a>           |
| Evelyn McFadden        | Kildare                     | 087 8512901               | <a href="mailto:evelyn1mcfadden@gmail.com">evelyn1mcfadden@gmail.com</a>             |
| Philip Keleghan        | Kildare                     | 087 9178213 or 045 865059 | <a href="mailto:philip@keleghan.ie">philip@keleghan.ie</a>                           |
| Shane O'Brien          | Kildare / Leinster          | 085 7343710               | <a href="mailto:shaneob91@gmail.com">shaneob91@gmail.com</a>                         |
| Celine Mooney          | Leitrim                     | 086 2046104               | <a href="mailto:celinemcbennett@gmail.com">celinemcbennett@gmail.com</a>             |
| Clodagh Gray           | Leitrim                     | 085 7087461               | <a href="mailto:clodaghgray10@gmail.com">clodaghgray10@gmail.com</a>                 |
| Ger Riordan            | Limerick City               | 087 9184801               | <a href="mailto:ger.riordan@amcsgroup.com">ger.riordan@amcsgroup.com</a>             |
| Ciara O'Sullivan       | Limerick City               | 061 213519                | <a href="mailto:ciara.osullivan@ul.ie">ciara.osullivan@ul.ie</a>                     |
| Jim Riordan            | Limerick City               | 087 8122175               | <a href="mailto:jimcriordan@gmail.com">jimcriordan@gmail.com</a>                     |
| Caroline Cunniffe      | Longford                    | 087 2311205               | <a href="mailto:carolinecunniffe@gmail.com">carolinecunniffe@gmail.com</a>           |
| Clodagh Gray           | Longford                    | 085 7087461               | <a href="mailto:clodaghgray10@gmail.com">clodaghgray10@gmail.com</a>                 |
| Fintan & Martina Kelly | Louth                       | 087 3189900               | <a href="mailto:kellyfintan01@gmail.com">kellyfintan01@gmail.com</a>                 |
| Colin Lowth            | Louth                       | 087 9602494               | <a href="mailto:colin.lowth2@mail.dcu.ie">colin.lowth2@mail.dcu.ie</a>               |
| Celine Mooney          | Louth                       | 086 2046104               | <a href="mailto:celinemcbennett@gmail.com">celinemcbennett@gmail.com</a>             |
| Gerry Brennan          | Louth                       | 087 9222384               | <a href="mailto:gerrybrennan2008@hotmail.com">gerrybrennan2008@hotmail.com</a>       |
| Pauline Jordan         | Mayo                        | 087 1307329               | <a href="mailto:pauline.jordan@gmit.ie">pauline.jordan@gmit.ie</a>                   |
| Paula Ryder            | Mayo                        | 087 9694298               | <a href="mailto:paula.rodgy.ire@gmail.com">paula.rodgy.ire@gmail.com</a>             |
| Celine Mooney          | Meath                       | 086 2046104               | <a href="mailto:celinemcbennett@gmail.com">celinemcbennett@gmail.com</a>             |
| Amelia Reilly          | Meath - Kells Swimming Pool | 046 9240551.              | <a href="mailto:areilly@meathcoco.ie">areilly@meathcoco.ie</a>                       |
| John Fox               | Meath / Westmeath           | 087 6431995               | <a href="mailto:swimbudfox@hotmail.com">swimbudfox@hotmail.com</a>                   |
| Clodagh Gray           | Meath / Westmeath           | 085 7087461               | <a href="mailto:clodaghgray10@gmail.com">clodaghgray10@gmail.com</a>                 |
| Celine Mooney          | Monaghan                    | 086 2046104               | <a href="mailto:celinemcbennett@gmail.com">celinemcbennett@gmail.com</a>             |
| Gerry Brennan          | Monaghan                    | 087 9222384               | <a href="mailto:gerrybrennan2008@hotmail.com">gerrybrennan2008@hotmail.com</a>       |
| Ciarán Seawright       | Munster                     | 0851034857                | <a href="mailto:ciaran.seawright@gmail.com">ciaran.seawright@gmail.com</a>           |
| Siobhán Ní Laocha      | Munster                     | 087 9274671               | <a href="mailto:siobhan@biasure">siobhan@biasure</a>                                 |
| Brendan McGrath        | Nationwide                  | 087 4199769               | <a href="mailto:allthemcgraths44@gmail.com">allthemcgraths44@gmail.com</a>           |
| Tom Doyle              | Nationwide                  | 087 2588463               | <a href="mailto:wexswim@mac.com">wexswim@mac.com</a>                                 |
| Bernie Gaines          | Nationwide                  | 087 7005187               | <a href="mailto:gainesbernie@gmail">gainesbernie@gmail</a>                           |
| Anita Dalton           | Nationwide                  | 083 1780077               | <a href="mailto:anitadalton55@hotmail.com">anitadalton55@hotmail.com</a>             |
| Martin Kavanagh        | Nationwide                  | 087 2481499               | <a href="mailto:stpaulsswim@yahoo.ie">stpaulsswim@yahoo.ie</a>                       |
| Ronnie Horan           | Nationwide                  | 087-2444649               | <a href="mailto:horanronnie1@gmail.com">horanronnie1@gmail.com</a>                   |
| John Farrell           | Nationwide                  | 087-2831964               | <a href="mailto:johnfarrell.ias@gmail.com">johnfarrell.ias@gmail.com</a>             |
| John Fox               | Nationwide                  | 087 6431995               | <a href="mailto:swimbudfox@hotmail.com">swimbudfox@hotmail.com</a>                   |

| Swim Teacher Tutor    | County                                    | Tel.                      | Email  |
|-----------------------|---|---------------------------|--|
| Cormac Wickham        | <b>Nationwide</b>                         | 086 8560635               | <a href="mailto:cormacwickham@aol.com">cormacwickham@aol.com</a>                           |
| Sean Connor           | <b>Nationwide</b>                         | 087 7523876               | <a href="mailto:sconnor@wit.ie">sconnor@wit.ie</a>   |
| Charles Kennedy       | <b>Nationwide</b>                         | 086 3175629               | <a href="mailto:kennedycharlie54@gmail.com">kennedycharlie54@gmail.com</a>                 |
| Colin Lowth           | <b>Nationwide</b>                         | 087 9602494               | <a href="mailto:colin.lowth2@mail.dcu.ie">colin.lowth2@mail.dcu.ie</a>                     |
| Henry Mullen          | <b>Nationwide</b>                         | 087 2257991               | <a href="mailto:hmullen00@gmail.com">hmullen00@gmail.com</a>                               |
| Darren O'Neill        | <b>Offaly</b>                             | 086 1593480               | <a href="mailto:oneilldarren94@gmail.com">oneilldarren94@gmail.com</a>                     |
| Jarlath Naughton      | <b>Offaly</b>                             | 085 7320909               | <a href="mailto:charlie@athlonersc.ie">charlie@athlonersc.ie</a>                           |
| Philip Keleghan       | <b>Offaly</b>                             | 087 9178213 or 045 865059 | <a href="mailto:philip@keleghan.ie">philip@keleghan.ie</a>                                 |
| Jarlath Naughton      | <b>Roscommon</b>                          | 085 7320909               | <a href="mailto:charlie@athlonersc.ie">charlie@athlonersc.ie</a>                           |
| Caroline Cunniffe     | <b>Roscommon</b>                          | 087 2311205               | <a href="mailto:carolinecunniffe@gmail.com">carolinecunniffe@gmail.com</a>                 |
| Paula Ryder           | <b>Sligo</b>                              | 087 9694298               | <a href="mailto:paula.rodgy.ire@gmail.com">paula.rodgy.ire@gmail.com</a>                   |
| Marie Rossiter Gargan | <b>South East Region</b>                  | 086-8751814               | <a href="mailto:mrgwex@gmail.com">mrgwex@gmail.com</a>                                     |
| Patrick Cummins       | <b>Tipperary and Surrounding Counties</b> | 086 9371030               | <a href="mailto:cumminspatrick53@gmail.com">cumminspatrick53@gmail.com</a>                 |
| Mark Kiely            | <b>Tipperary North</b>                    | 086 1908929               | <a href="mailto:markakiely@gmail.com">markakiely@gmail.com</a>                             |
| Tom Mackey            | <b>Tipperary North</b>                    | 086-8298489               | <a href="mailto:tom.mackey@tipperarycoco.ie">tom.mackey@tipperarycoco.ie</a>               |
| Sean Connor           | <b>Waterford / Nationwide</b>             | 087 7523876               | <a href="mailto:sconnor@wit.ie">sconnor@wit.ie</a>   |
| Lola O'Sullivan       | <b>Waterford</b>                          | 086 2336906               | <a href="mailto:cllrlosullivan@waterfordcouncil.ie">cllrlosullivan@waterfordcouncil.ie</a> |
| Jarlath Naughton      | <b>Westmeath</b>                          | 085 7320909               | <a href="mailto:charlie@athlonersc.ie">charlie@athlonersc.ie</a>                           |
| Caroline Cunniffe     | <b>Westmeath</b>                          | 087 2311205               | <a href="mailto:carolinecunniffe@gmail.com">carolinecunniffe@gmail.com</a>                 |
| Tom Doyle             | <b>Wexford</b>                            | 087 2588463               | <a href="mailto:wexswim@mac.com">wexswim@mac.com</a>                                       |