



# WATER SAFETY IRELAND

Sábháilteacht Uisce na hÉireann

## National Beach Lifeguard Award Revalidation

### WATER SAFETY EXAMINATION RETURN

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Location \_\_\_\_\_ Address \_\_\_\_\_ County \_\_\_\_\_ Date \_\_\_\_\_

I agree to the management of my personal data in accordance with the General Data Protection Regulations (GDPR) 2018.				Section A BLS	Section B Oral Test or MCQ	Section C Open Water Practical	Overall Result
ID No.	Name (Block Capitals)	DoB	Address	(100)	(50)	(100)	Pass/Fail

Examiner: _____ Block Capitals                    Signature	<b>Class Secretary:</b>	
	Name: _____	
	Address _____	
	Phone: _____	
Tutor: _____ Block Capitals                    Signature	Email: _____	
Return completed form to your Certificates Secretary		

**[COVID-19 version]**

**National Beach Lifeguard Award Revalidation – Section A - BLS Marking Sheet**

*(PPE should be worn by all candidates / maintain safe distance / Cleanse any shared equipment between users)*

No.	Name	Demonstrate Adult CPR, AED and 2 person BVM on an Adult Manikin <b>50</b>	Explain 2 person CPR and how to change over on an Adult Manikin <b>10</b>	Demonstrate Compression -only CPR on Infant/Child Manikin <b>10</b>	Explain how to turn a victim from prone to supine safely and how to place into Recovery position (Candidate may self demonstrate victim turn) <b>20</b>	Explain to Examiner how to treat Conscious and Unconscious "Foreign Body Airway Obstruction" and Vomiting <b>10</b>	Sub-total  <b>max mark 100</b>	Pass/Fail  <b>Pass = 50 or more</b>  <b>Fail = 49 or less</b>
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2.								
3.								
4.								
5.								
6.								
7.								
8.								
9.								
10.								
11.								
12.								

Candidates must achieve pass (50%) in each technique.

**Examiner's Signature:** \_\_\_\_\_ **Venue** \_\_\_\_\_ **Date** \_\_\_\_\_

No.	Name	Oral Test (or MCQ) from the following Beach Lifeguard Manual Modules  i. N.O.P. procedures  ii. E.A.P. procedures  iii. BLS Theory  iv. Communications Techniques  v. Observation Techniques  vi. First Aid Awareness  vii. Equipment  viii. The Beach Environment (Features/ Risks)  ix. Terms and Conditions of employment  x. Regulations  xi. Customer Care  xii. Child Protection  xiii. Follow up procedures (reporting procedures etc)  Note: Questions based on Local Authority Safety Statement and on the Beach Lifeguard Manual Worksheets.	Total Mark  Pass = 25 or more. Fail = 24 or less  (50) max.
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12.			

Candidates must achieve pass (50%) in Oral Test or MCQ

Examiner's Signature: \_\_\_\_\_ Venue \_\_\_\_\_ Date \_\_\_\_\_

# [COVID-19 version] National Beach Lifeguard Award Revalidation - Section C – Open Water Practical Marking Sheet

(Note - Rescuer and casualty to maintain 2m social distance when leaving the water)

No.	Name	400m run along beach to water's edge, carrying rescue tube/can buoy and fins. Swim to marker 100m from waist depth and return to shore (8 mins) <b>30</b>	Rescue a conscious casualty 100m from waist deep water using rescue tube or can buoy and fins. Casualty to hold onto extended rescue tube. (Do not clip on) <b>20</b>	No Casualty needed. Paddle out and around a buoy 200m from waist deep water using rescue board or ski <b>10</b>	Rescue a casualty 50m from waist deep water using a Rescue Tube. Casualty subjects to clip on the tube themselves <b>10</b>	Staged Incident with min. 3 victims, none more than 50m from waist deep water. - Situations to be demonstrated using simple rescues and rescues modified for COVID-19. <i>(2m distance must be maintained at all times – Facemasks should be worn when possible)</i> <b>30</b>	<u>Total mark (max 100)</u>  Pass = 50 or more. Fail = 49 or less  <b>(100 max.)</b>
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Candidates must achieve pass (50%) in each technique.

Examiner's Signature: \_\_\_\_\_ Venue \_\_\_\_\_ Date \_\_\_\_\_