Water Safety Ireland

SOP – water safety ireland RETURN TO water safety classes for 2020

**Venue: Leisure Centre**

**Aim:** To finish the lifesaving classes that finished in March because of the COVID-19 virus and to return to Lifesaving classes starting on DATE

**TRAINING:** Once a week on a Sunday evening from 3.40pm to 8.00pm for 12 weeks and then the exam on the 13th week date.

**PERSONEL: Safety/ COVID Officer:** NAME (Must have completed the Sport’s Ireland COVID-19 course)

**Course coordinator:** NAME

**Attendance coordinators:** NAMES

**Supervising Instructors:** NAMES

**CONTENT:** Group 1: 3:40 – 4:20

Group 2: 4:10 – 4:50

Group 3: 4:30 – 5:20

Group 4: 5:30 – 6:15

Group 5: 6:00 – 6:50

Group 6: 6:10 – 8:00

**Procedure: All classes except Rescue 3**

* Arrive on time for your class. (ideally 10 minutes before start)
* COVID-19 questionnaire sheet to be filled out and returned before entering the facility.
* Instructor should fill out the attendance sheet for their class before they enter the Leisure centre.
* Enter the side door of the pool alongside the river.
* All students must have a face mask and hand sanitiser with them. (WSAC should supply a WSI face mask to students)
* You need to have your swim suits on under your clothes.
* You go to your allocated area.
* You need to undress and leave your kit bag in an allocated place
* Everyone on the deck must wear a face mask and adhere to social distancing as set down in the HSE guidelines.
* Manikins must be disinfected before use.
* When using a manikin, you need to wear gloves and dispose them when you are finished in the designated bins.
* Your Instructor will tell you when you can enter the water for that part of your class.
* When your pool session is finished you pick up your kit bag and go directly to the changing rooms.
* It is recommended that you go into the shower for a quick rinse and immediately go into changing room and get changed. (If allowed).
* Changing rooms have to be disinfected between each group so it is very important that you get dressed quickly and leave the building.
* You will leave the building by the emergency door as directed by your Instructor.
* It is important that parents are waiting for their children so no children have to hang around outside the Leisure centre.

**Procedure for Rescue 3**

* Arrive on time for your class. (ideally 10 minutes before your class starts)
* Covid-19 questionnaire sheet to be filled out and returned before entering the facility.
* Instructor should fill out the attendance sheet for their class before the enter the Leisure centre.
* Enter the side door of the pool alongside the river.
* All students must have a face mask and hand sanitiser with them. (WSAC should supply a WSI face mask to students)
* You need to have your swim suits on under your clothes.
* You go to your allocated area which is the fitness suite upstairs.
* You need to leave your kit bag in an allocated place
* Everyone in the room must wear a face mask and adhere to social distancing as set down in the HSE guidelines.
* Manikins must be disinfected before use.
* When using a manikin, you need to wear gloves and dispose them when you are finished in the designated bins.
* Your Instructor will tell you when you can go down to the pool for your class.
* You undress and put your clothes in your kit bag.
* Place your kit bag in your designated area.
* When your pool session is finished you pick up your kit bag and go directly to the changing rooms.
* It is recommended that you go into the shower for a quick rinse (if permitted) and immediately go into changing room and get changed.
* Changing rooms have to be disinfected between each group so it is very important that you get dressed quickly and leave the building.
* You will leave the building by the emergency door as directed by the Instructor.
* It is important that parents are waiting for their children so no children have to hang around outside the Leisure centre.