The Finman progresses south down the Irish Sea

Water Safety Ireland and the Irish Cancer Society wish to congratulate the "Finman", Henry O'Donnell on his successful completion of the first phase of his quest to be the first person in the world to fin swim around a country. Henry has demonstrated great tenacity and endurance so far and we wish him well for the remainder of his expedition.

Henry departed his native Carrickfinn in County Donegal on the 17th of September and has completed 412 kilometres of his passage so far, landing into Carlingford on Wednesday following 28 days in the water. He faces a drop in water temperature as we advance into the winter, with the current water temperature at 12° Celsius. Over the duration of his expedition he received great support and sponsorship in the North of Ireland.

His mission is to attempt to fin swim around Ireland to become the first person ever to circumnavigate a country by fin swimming and in doing so will help to raise funds for two charities, Water Safety Ireland and the Irish Cancer Society.

Henry hopes to make landfall in Howth, County Dublin late next week, between the 12th and 15th of November weather permitting.

Details of the expedition are available at https://finswim2020.com/swim-tracker/

Ends.

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