

THE CHILDREN'S TIMES

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Colour us in!

Water safety



Water safety knowledge is invaluable for every child, especially as summer approaches

Doggy paddling with PAWS lessons will keep children safely in the swim

Water safety is important in any country, but especially on an island such as Ireland with our long stretches of coastline and river banks, as well as our many loughs and lakes. Knowing how to behave around water is a life skill that every child should learn. That's why the charity Water Safety Ireland created the Primary Aquatics Water Safety (PAWS) lessons.

PAWS is a free educational resource, originally created for primary schools, that outlines the essential life-saving guidelines every child needs to know. As it is mostly simple common sense, every parent is more than qualified to guide their children through the lessons. This knowledge will stand by children, especially during the summer months when they spend more time outdoors close to water.

The PAWS lessons are free and are available online at teachpaws.ie. Lesson books are in both English and Irish.

On the website, you will meet Splash the bear and River the otter. These colourful characters will guide children through the beautifully illustrated lessons with their tips, advice, and interesting facts. As the child grows older, so too do Splash and River, so the lessons become more detailed while still retaining the pair's happy-go-lucky tone, to ensure maximum engagement.

Whether it's at home, at the beach or swimming pool, on a farm, or close to a river, quarry or boat, PAWS teaches all the basic water safety principles needed.

When children have worked through the relevant workbook, there are interactive games and puzzles to help reinforce the lessons learnt. When your child has finished, their newfound skills make them a "PAWS hero" and they can download a certificate to colour in and make their own.

Access the PAWS lessons at teachpaws.ie



Make safety a shore thing

Whether you're planning a beach trip, boating, or just a back garden paddling pool, take a dip into our water safety issue



"Water, water, everywhere / Nor any drop to drink," is a popular line from The Rime of the Ancient Mariner by Samuel Taylor Coleridge. In the poem, a sailor finds himself becalmed – that is, unable to move because of a lack of wind – on a ship at sea, surrounded by saltwater. It is an appropriate verse for our island nation, surrounded as we are by water to the north, south, east and west.

Nowhere in Ireland is more than 80km from the sea. Our beautiful island is also dotted with lakes, as well as tributaries, brooks, rivers and streams that flow through our countryside, cities, small towns and villages. Bodies of water stretch far and wide in some of the most breathtakingly scenic parts of our land.

Learning how to behave sensibly in and around water is important, especially as we enter summer, when such waterways become very popular. That is why we are dedicating this issue of The Children's Times to water safety.

There's nothing quite like spending a sunny

summer's day at the beach or lazing on a river bank, the butterflies fluttering beneath a cloudless sky. Splashing about in water to cool off is fun, but we must always remember to treat it with caution – no matter how shallow or calm it may look.

Just as important as safety in the water is protecting our skin when wearing swimming shorts or togs. That means making sure children are wearing plenty of sunscreen. As our Australian friends say, if you are going outside into the sun, make sure to "Slip-Slop-Slap": slip on a shirt, slop on the 50+ sunscreen and slap on a hat. While we don't usually have sunshine as intense as Australia's, climate change means that the Irish summer is getting hotter, and even on a cloudy day the sun's harmful UV rays get through.

This summer, while we enjoy ourselves at the pool or on the beach, let's keep safety in mind. Meanwhile, enjoy diving into this water safety edition of The Children's Times.

Prevention is the key to water safety

Water Safety Ireland provides learning resources and practical advice so that Irish people can educate themselves about how to enjoy our waterways safely.

Water safety begins before an accident happens – with prevention. Our role is to promote awareness and educate people so that they can avoid potential tragedies. This proactive approach saves lives.

The facts are simple. If you follow the correct advice, you can enjoy everything our seas, rivers and lakes have to offer. If not, you put your life –

or the lives of those you care about – at risk.

To mark National Water Safety Awareness Week (June 15-21) and the beginning of summer, Water Safety Ireland is launching a national campaign on radio, outdoors and across digital channels to reinforce its message: safety first. The campaign highlights simple, actionable advice that we can all use to stay safe in, on or around water.

They say hindsight is 20/20. We say... better safe than sorry. watersafety.ie

LETTERS TO THE CHILDREN'S TIMES

We love receiving your letters, stories and poems by email every week, as well as those you share online. Please keep sending your experiences, drawings, poems and letters to thechildrenstimes@sundaytimes.ie

LIFE

Today was a bad day. For one thing Mum was sick. But then I thought a hamster would be a nice pet and fun to teach tricks to. So I got some money and gave it to Mum to order me a hamster wheel, but she was sick so I asked Dad, but he said that he and Mum would have to chat about pets! But I just want a hamster, and a pony when I am older, too, in six or seven years. It will be a month before I get a hamster. It will not get out of the cage, only when I am training it to jump. Tomorrow I'll make Dad coffee and see how that goes. He might change his mind!

Rose Delahunty, aged 7, 1st class, Co Dublin

THE COUCH POTATO

Once upon a time there was a couch potato called Larry. Since he was a couch potato people called him "Lazy Larry". His wife, on the other hand, was not one bit lazy. In fact, the people called her "Get Fit Freya".

Freya hated being lazy and Larry hated doing exercise. You might wonder why they got married. The truthful answer is I just don't know. Freya went out for a run, went to the gym, went swimming and went to yoga every day. Even when she was sick, she still did exercise. Larry...well Larry did not leave the couch for five years!

Freya tried to convince Larry to do some exercise, but he always said no. Until one day Larry said he would do a 10-kilometre run. But then Freya said, "You can't go on a 10-kilometre run".

"Why not?" asked Larry. "You can't, because of Covid-19. We have to stay indoors, and if we were going for a run, we'd have to stay within five kilometres of our house," said Freya.

"Okay," said Larry, "I had better stay on the couch until it is all over – just to be extra safe". Larry did a big stretch and sat back down on the couch. "The TV is better anyway."

Isobel Tierney, aged 11, 5th class, Co Athlone

MIDNIGHT

BY ROBIN DENEHAN

Dark and windy
Sometimes warm
Mostly cold
These days with the virus
I am up very late
Sometimes I am up till midnight
Midnight is very interesting
It is completely different from midday
There are more owls and more foxes
And more people getting scared

Robin Denehan, aged 8, 2nd class, Co Kildare

ISOLATION

BY ELLIE JORDAN

The sunlight hits my eyes,
I realise it's time to rise,
Time for school "Hurry, rush",
But reality hits me with a crush.

Schools are closed, no friends I see,
"Stay at home" it feels like I'm not free
to do the things I used to do,
Seeing my relatives and shopping too.

In other ways it's not so bad,
I'm with my family and I'm very glad,
We bake, paint, draw and play,
But that's what gets us through the day.

It's like our dog is in disguise,
Her hair is so long we can't see her eyes,
She follows us around all day,
Looking for all of us to play.

When all of this is over,
And we finally step outside,
We might find a nicer world than the one we left behind,
Where everyone is caring and everyone is kind.

Ellie Jordan, 6th class, Co Dublin



DAWN

BY LUCA MCFADDEN

Sun comes up,
a nice shiny light.
Perhaps you should
put your sunglasses on.

Sun as bright as gold,
a star in space.
You might see it from a rocket.

Dream you are on a sun.
When the sun goes,
the moon will come.
Don't worry, the sun
will be back tomorrow.

Luca McFadden, aged 8, Co Dublin

- Thank You -

To the doctors and nurses
and all the front-line staff
When Covid-19 eases
We hope you can have a laugh.

To the teachers
working hard online
Thank You!
for giving us your time.

To the farmers
producing our milk and food
You are amazing!
Thank You!

To all the people
in between,
working as a team
Thank You!

And last-but not least
to all of the postmen and women
who deliver mail and make our day
What can I say?
Thank You!

by Faye Walsh
3rd Class
Co. Mayo

Faye Walsh,
3rd Class, Co Mayo

SMELLY

BY GRACE FANNING

There's something smelly
underneath the telly
Is it a rat
killed by some cat?
Is it food
dumped by some dude?
Whatever it is, I don't think I'll check
Even though it makes the house
smell like a wreck.

Grace Fanning, aged 11, Co Dublin

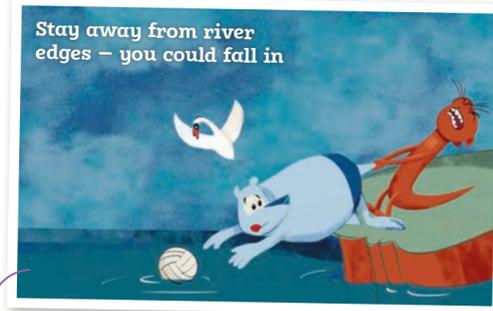


MEET SPLASH AND RIVER

Splash the bear and River the otter can teach us how to stay safe around water, and about places where we need to be extra careful. Trace over the words below and link them to the pictures



bath
farm
seaside
paddling pool
river
swimming pool



DOES IT FLOAT?

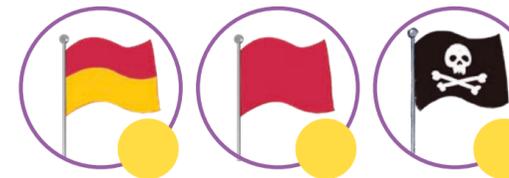
Circle the items below that you think will float. Which of these items are not toys?



KNOW YOUR BEACH FLAGS

At the beach, it is only safe to swim when you see a certain flag. Draw a smiley face ☺ beside the correct flag and a sad face ☹ next to the others.

The yellow and red flags means it is safe to swim between the flags. The red flag means is not safe to swim, so do not enter the water. The skull and cross bones flag was flown by pirate ships during the early 18th century.



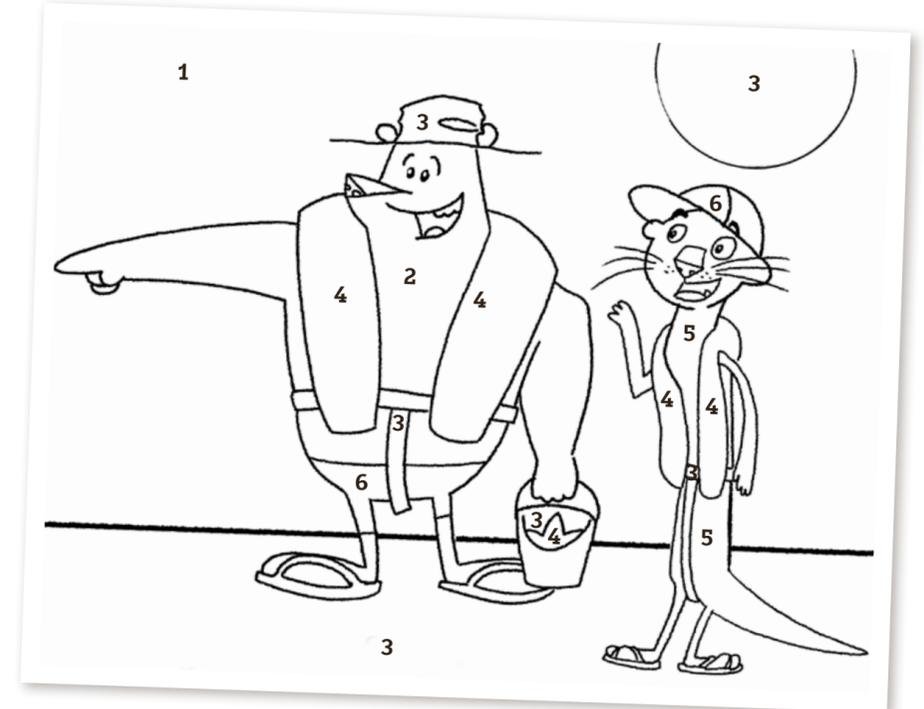
Stay safe this summer

Summer is here and term time is drawing to a close, which means more families will be spending quality time outside. Always keep an eye on children around water and

make sure they stay away from the edges of pools, ponds and river banks. Don't forget to use sunscreen, too, even on mild days. Splash the bear and River the otter have even more great water safety advice online at teachpaws.ie.

COLOUR TIME

Colour in Splash and River, our PAWS characters, using the colour key

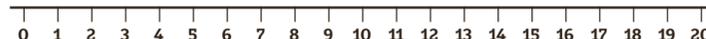


1 = Navy 2 = Light blue 3 = Yellow 4 = Red 5 = Brown 6 = Green

COUNTING WATER GEAR

Solve the maths problems using the counting line below

+ = _____
 + = _____
 + + + = _____
 + - = _____



WATER ANIMALS

Name these animals that live in or near water

WATER SAFETY RULES

Some of the vowels – a, e, i, o or u – are missing. Add them to the words below to complete these water safety rules

Stay w y from edges
 mpty th bath
 R v r edges are slippery

DON'T BE ROUGH TO OTHERS IN THE POOL.
 ALWAYS HAVE A GROWN-UP WITH YOU
 REMEMBER **S.A.F.E.**
 STAY AWAY FROM EDGES
 LEARN BASIC WATER SAFETY SKILLS AT HOME. VISIT TEACHPAWS.IE

Safety first, fun second

There's nothing like splashing about in the sea, making a sandcastle, exploring the wildlife in the little rock pools the tide leaves behind, and feeling the wet sand between your toes. But no matter how much fun you're having, remember safety should always come first. Water safety at the beach means always doing what the lifeguards and adults tell you. Watch out for waves and currents, and never get out of your depth. Find out more at teachpaws.ie

AT THE POOL

Can you swim yet? If not, ask your parents to help you learn. It's very important. When you are at the pool for swimming lessons or fun, remember the pool safety rules:



Circle the correct answers:

Which end of the pool should you swim in?

- Muddy end
- Shallow end
- Bubbly end
- Rough end

What should touch the bottom of the pool in the shallow end?

- My feet
- My head
- My arm bands
- My ears

Why should you never run near a swimming pool?

- I might slip
- I might fly
- I might dance
- I might float

SAFETY CODE-BREAKER

Solve the addition and subtraction problems, and then use the key beneath them to fill in the correct letters to break the important water safety code



20-4 = 12+12 = 5+3= 11+8 = 13-5 = 12+11 = 15-7 = 27-8 =

9-3= 13-12 = 8+2 = 6+12 = 9-2 = 5-3 = 7+5 = 4+3 = 13+3 =

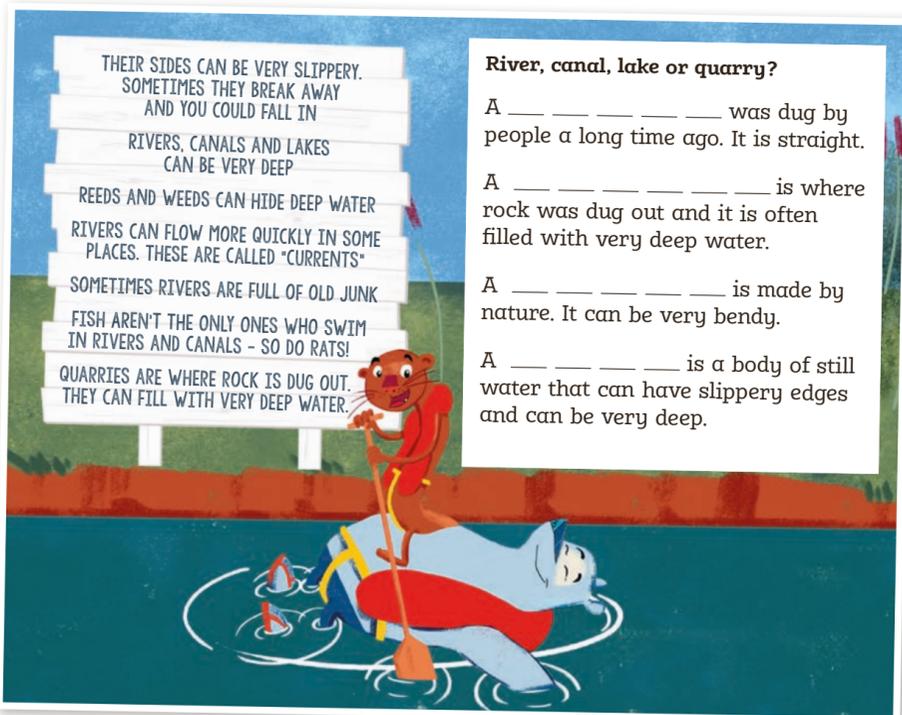
CODE KEY

A	B	C	D	E	F	G	H	I	J	K	L	M
8	11	9	2	7	6	12	14	15	3	20	5	18
N	O	P	Q	R	S	T	U	V	W	X	Y	Z
21	10	17	0	1	16	24	13	4	23	25	19	22

Answers: Stay away from edges

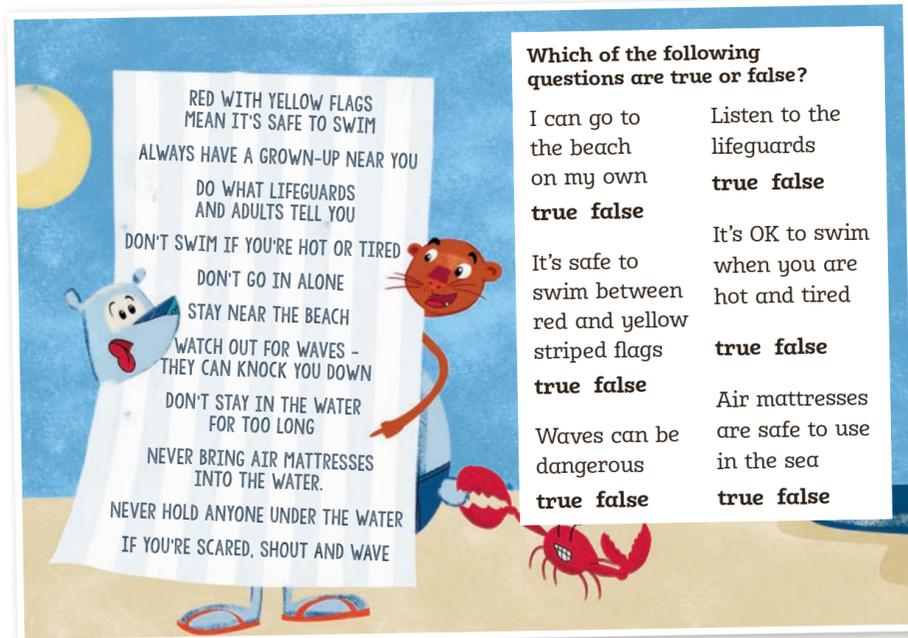
RIVERS, LAKES AND CANALS

You must be careful in places such as rivers, canals and lakes



AT THE BEACH

Everyone love beaches: you can build sandcastles, collect sea shells and splash about in the salty water, but if you want to get wet, here's how to stay safe.



Which of the following questions are true or false?

- I can go to the beach on my own **true false**
- Listen to the lifeguards **true false**
- It's safe to swim between red and yellow striped flags **true false**
- It's OK to swim when you are hot and tired **true false**
- Waves can be dangerous **true false**
- Air mattresses are safe to use in the sea **true false**

LIQUID MATHS

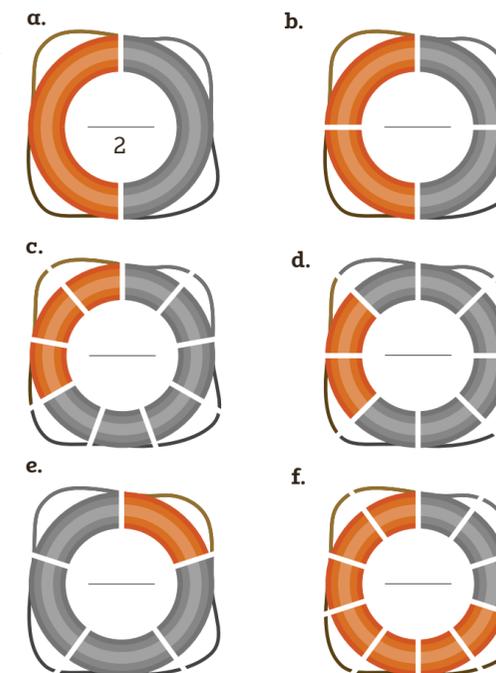
Solve these watery puzzles

- a) 10 children are swimming in the pool. Four get out for lunch. How many stay in the pool?
- b) A sailing boat can carry four people. If there are 12 people in the group, how many sailing boats are needed?
- c) Ciaran has six rubber ducks in his bath. If he shares half of them with his sister, how many do they each have?
- d) Robyn swam 50 metres in the training pool. If she swims another 40 metres, how far will she have swum in total?
- e) The deep end of the pool is two metres deep. If the shallow end is half of that, how deep is it?

Answers: a) 6 b) 3 c) 3 d) 90 metres e) 1 metre

LIFE RING FRACTIONS

Write down the fractions shown by the rings



Answers: a) 1/2 b) 3/4 c) 3/9 d) 2/8 e) 1/5 f) 7/10

WATER SAFETY WORD SEARCH

Find the water-related words. They go down, across and backwards

canal p r e f l a g s e s o l x s

river a o l e s h a n e m h a a l

lifeguard d i i e c h a l x d f k y i

swimming i e f d a a a c e d e e p p

shallow r d e c a n a l g t s s e p

seaside s i v k t t u n l n o a f e

lakes m s e e k a i s i o s l q r

deep y a s y a m r m s u w g c y

slippery a e t y m l i f e g u a r d

flags v s y i e t v l b e t r g r

quarry b a w c i s e h t o r w e e

lifest s s h q u a r r y e d t q h

 w f r e u o f p p e s a v c



STAY WATER-SAFE ON FARMS

Farms are interesting places that can seem like fun, but they're not playgrounds. Never explore them without a grown-up

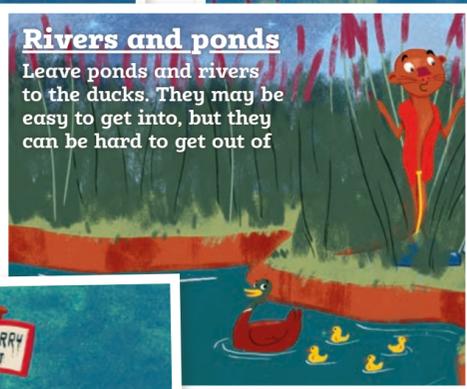
Rain barrels

Sometimes farmers collect rain in big barrels to use on the farm or give to animals. Don't play with these in case you fall in



Rivers and ponds

Leave ponds and rivers to the ducks. They may be easy to get into, but they can be hard to get out of



Slurry pits

Farms have lots of hidden holes and drains you can get stuck in. Worst of all, they have slurry pits. These are big holes where farmers put all of the animal poo from the farm. That's something you definitely don't want to fall into



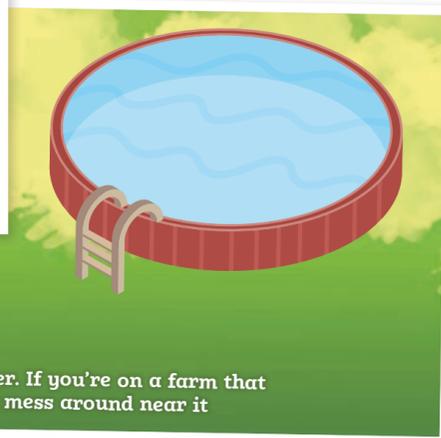
Animal drinking troughs

These are for animals only. Stay safe and keep away from them



Water tanks

Farms need lots of water. If you're on a farm that has a water tank, don't mess around near it



Having read the farm safety advice above, answer the questions

- | | | | |
|--|--------------------------|--|--------------------------|
| <p>1. What is a slurry pit full of?
a. Animal poo
b. Mucky water
c. Slime</p> | <input type="checkbox"/> | <p>6. A farm is also a...
a. Playground for fun
b. Place of work
c. Holiday camp</p> | <input type="checkbox"/> |
| <p>2. What are water tanks for?
a. Ponds
b. Swimming pools
c. Water storage on farms</p> | <input type="checkbox"/> | <p>7. Who should you be with on a farm?
a. A scarecrow
b. A grown-up
c. My cousins</p> | <input type="checkbox"/> |
| <p>3. What lives on a pond?
a. Ducks
b. Fishermen
c. Seagulls</p> | <input type="checkbox"/> | <p>8. Are rivers deep?
a. Yes, they can be very deep
b. No, they are often shallow
c. They can be both deep and shallow</p> | <input type="checkbox"/> |
| <p>4. What animals use a drinking trough?
a. Mice
b. Cattle
c. Chickens</p> | <input type="checkbox"/> | <p>9. What does S.A.F.E. stand for?
a. Stay Away From Edges
b. Sing Along For Everyone
c. Save Apples From Earthworms</p> | <input type="checkbox"/> |
| <p>5. Barrels are left outside to collect...
a. Sand
b. Rainwater
c. Milk</p> | <input type="checkbox"/> | <p>10. Why should you not play near water barrels?
a. In case you fall in
b. In case it falls over
c. In case it's empty</p> | <input type="checkbox"/> |

UNDERSTANDING SIGNS

The shapes and colours on various signs have different meanings. Link the sign to the correct important information



White signs with black letters tell you important information



Round signs with a red ring and line warn you not to do something. For example, this one means "no swimming"



Diamond-shaped yellow signs warn you of potential dangers. For example, this one means "no diving"



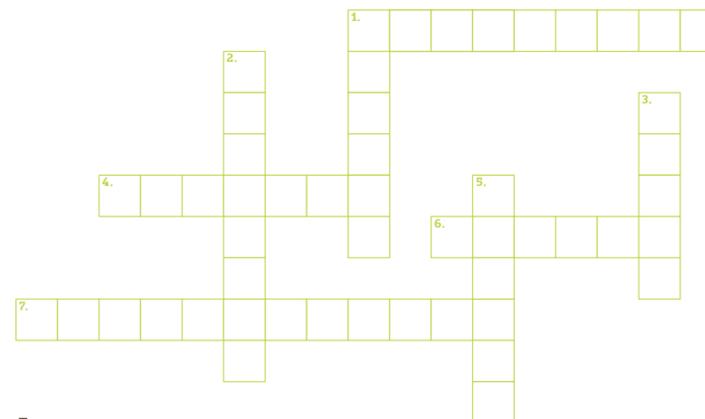
Round blue signs tell you to do something. For example, this one means "life jackets must be worn"



Green signs give you safety information. For example, this one means "there's an emergency telephone here"

WATER SAFETY CROSSWORD

Solve the clues to complete the puzzle



Across

- A person who watches the pool and can rescue you (9)
- Used by a lifeguard to get attention (7)
- What the lifeguard must do if someone is in trouble (6)
- A place where people go to swim (8 & 4)

Down

- You use it to get in and out of the pool (6)
- Type of kit used to help someone with a minor injury (5 & 3)
- This causes the floor to become slippery (5)
- The colour of a lifeguard's T-shirt (6)

ANSWERS:
Across: 1. Lifeguard, 2. Whistle, 3. Rescue, 4. Swimming pool
Down: 1. Ladder, 2. First aid, 3. Water, 4. Yellow, 5. Slippery

WATER MEASUREMENTS

Solve these simple liquid sums and conversions

- One litre of water is equal to _____ ml
- Six litres of water is equal to _____ ml
- 2,000ml of water is equal to _____ litres
- 500ml of water is equal to _____ litre/s
- Five and a half litres of water is equal to _____ ml
- 2,500ml of water is equal to _____ litres
- If you had 500ml of water and added three and a half litres of water, how much water would you have in total?
- If you had five litres of water and poured out 1,750ml, how much water would you have left?
- Áine uses a disinfectant solution to clean her bathroom. She needs 180ml of disinfectant for every litre of water. If her mixture contains four litres of water, how much disinfectant does it have?

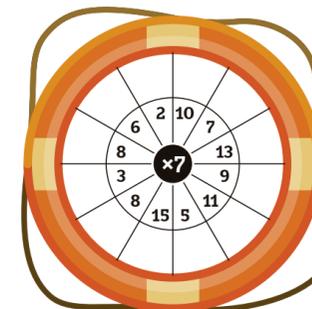
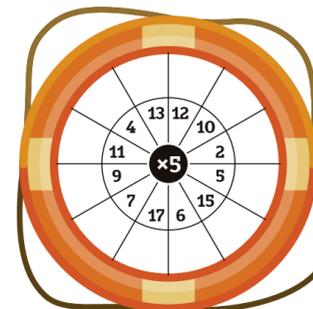
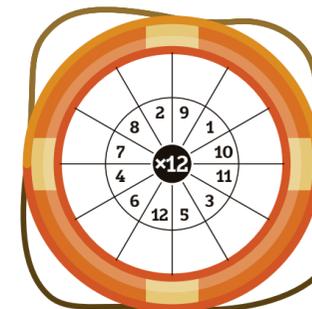
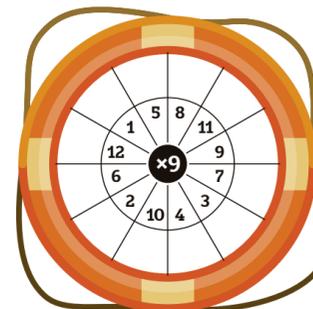
ANSWERS: a) 1,000ml b) 6,000ml c) 2 litres d) 0.5 litres e) 5,500ml f) 2,500ml g) 4 litres h) 3,250ml i) 720ml

Inland water safety

Even miles away from the sea, we still need to be mindful of water safety, especially around farms, where you'll find slurry pits, water barrels, drinking troughs for livestock and hidden dangers we need to be aware of at all times. Anywhere that water collects can be dangerous, so stay alert around ditches, ravines, small streams and brooks, keeping well away from the edges. Find more information on water safety for 3rd and 4th class students in PAWS 3 at teachpaws.ie

MULTIPLICATION LIFE RINGS

Multiply each number by the one in the centre of the ring and fill in the answers



SWIM TO SAFETY

Cross the pool to safety using only equations that are equal to nine. You can swim up, down and across

7+2 =	18+2 =	23-14 =	8+1 =	48+8 =	6+1 =	48-39 =	19-9 =	6+2 =	12+3 =
18-8 =	3+2 =	4+3 =	40+4 =	14-3 =	8+3 =	63+7 =	5+9 =	11-3 =	2+9 =

WATCH OUT FOR DEEP HOLES!

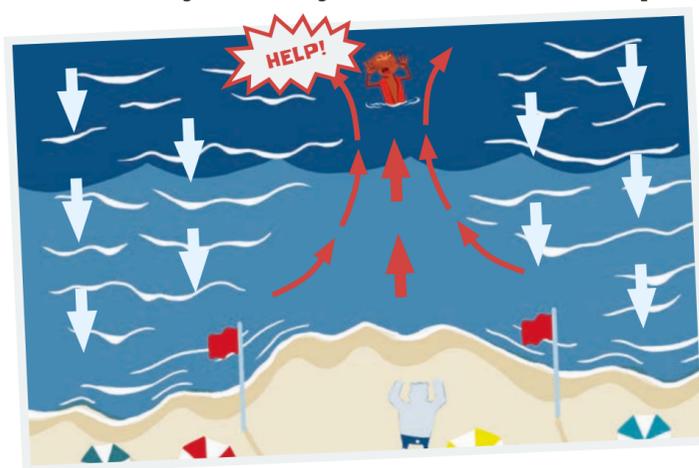
16-6 =	30-21 =	3+4 =
6+2 =	56-47 =	36+4 =

"BE SAFE ON THE FARM"
STAY AWAY FROM SLURRY PITS. THEY ARE FULL OF DANGEROUS PIG POO - YUCK
LEARN BASIC WATER SAFETY SKILLS AT HOME. VISIT TEACHPAWS.IE

REMEMBER **S.A.F.E.**
STAY AWAY FROM EDGES

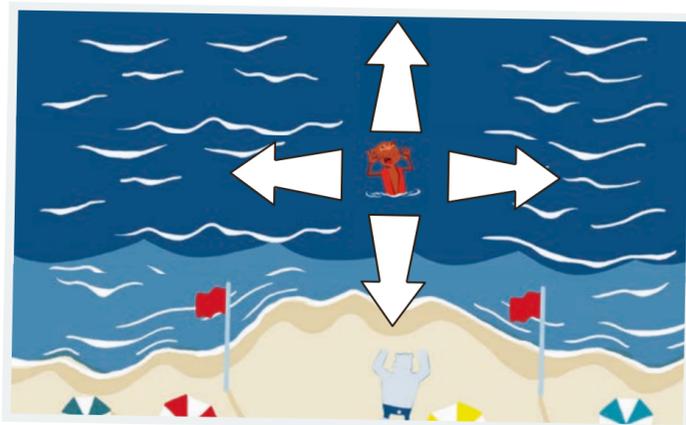
SAVE YOURSELF AT SEA

If you get into trouble in the sea or any deep water, first try to stay calm and float on your back. If you can, wave and shout for help



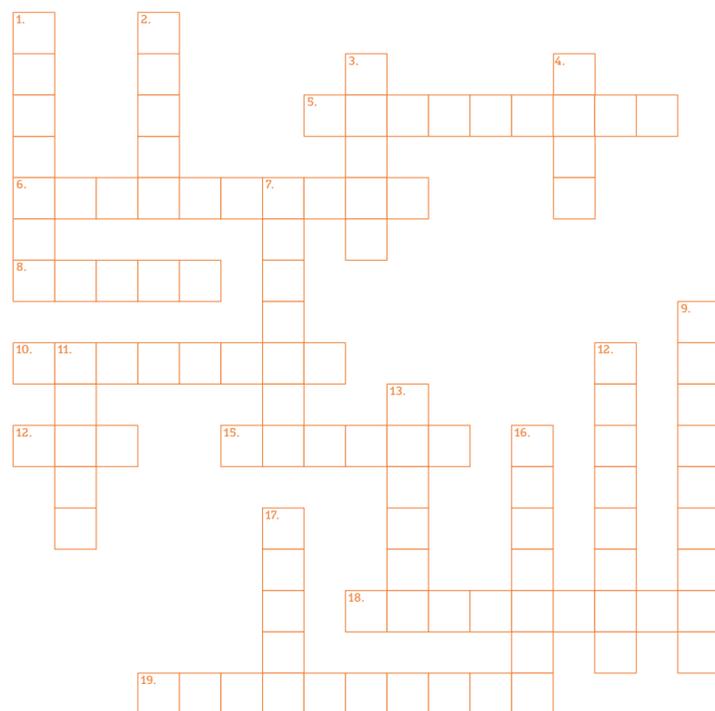
A rip current is a really strong, fast-flowing portion of water that moves away from the beach. It appears when a new wave hits an old one and can move at nearly two metres per second – too fast even for an Olympic swimmer. If you encounter a rip current, don't try to swim into it – you'll never beat it. Try to swim along, keeping the beach to your left or right. Aim for a spot where you can see the waves are breaking. If you can, shout for help.

Colour in the correct direction you should aim to swim if you are being pulled out to sea by a rip current



WATER SAFETY CROSSWORD

Solve the clues to complete the puzzle



Down

- 1. The least deep end of the pool (7)
- 2. Never swim _____ (5)
- 3. These are for your own safety (5)
- 4. Primary Aquatics Water Safety (4)
- 7. A rip _____ can carry you out to sea (7)
- 9. Knows all the safety rules (9)
- 11. Who should supervise playtime (5)
- 12. Piece of safety equipment in the shape of a doughnut (8)
- 13. Another word for sea, eg "sea life" (6)
- 16. Ponds, drains and barrels should be always be _____ over (7)
- 17. Always swim between the _____ (5)

Across

- 5. Slurry pits have the same effect as this type of sand (9)
- 6. Personal safety device you wear (10)
- 8. They crash onto the beach (8)
- 10. At the beach, swim _____ to shore (8)
- 12. Wear sunscreen when out in the ____ (3)
- 15. A small river (6)
- 18. Deep and cold water store (9)
- 19. Emergency service (10)

DOWN: 1. shallow 2. alone 3. rules 4. paws 5. current covered 17. flags.
ACROSS: 5. quirkland 6. lifejacket 8. waves 10. beach 12. sun 15. stream 18. reservoir 19. coastguard

DUCKY DASH

Each duck has a circle course to waddle around. Using the duck's speed and their course circumference, figure out how long it will take each duck to make it around their course, and therefore who would come first, second and third. Give your answer to the nearest minute.

Sir Quacks can move 1.5 metres every 11 seconds

r = 25m



Flash Flowl can move 10 metres every minute

d = 52m



Lady Feather can move 90cm every five seconds

r = 22.5m



Answers: 1st: Lady Feather, 13 minutes 2nd: Flash Flowl, 16 minutes 3rd: Sir Quacks, 19 minutes

Stay safe - and get help

Water safety is crucial both in and out of the home. Memorise your eircode in case you ever need to call rescue services, so they can find your address quickly. Stay away from the edges of rivers and lakes; on boats, wear a lifejacket and pay attention to the wind and weather. Find rescue techniques for 5th and 6th class students in PAWS 4 at teachpaws.ie.

PUZZLING TIMES

Solve these swimming-themed sums

Tony can swim a single 50-metre length of the pool in one minute and 15 seconds, but for each additional length he swims, he slows down by five seconds. How long would it take Tony to swim 200 metres?

Tony swam a personal best: 150 metres in just three minutes and 15 seconds. Assuming he still slows down by an additional five seconds per lap (after the first lap), how quickly did he swim the first 50 metres?

Answers: 5 minutes and 30 seconds; one minute

WARNING SIGNS

What do these symbols represent?



- Toblerone ahead
- Ancient pyramid nearby
- Clothes hanger factory
- No diving



- Distress flare
- Firework
- Bicycle pump
- Birthday candle



- Greek flag
- Signal flag
- Safe to swim
- Beach cafe



- Race starts here
- Surfers and windsurfers only
- Golf course
- Chess played here

FROGS VERSUS SMALL KIDS

Solve the anagrams to fill in the missing words

So you think frogs are _____, ugly and stupid? Well, they are. They're rubbish at _____, they look disgusting and can only say "_____". But when it comes to water (and drinking water through their skin – see below) a frog is a total _____.

_____ kids, on the other hand, aren't. So if you see any little _____ near water, keep an _____ on them – and make sure an _____ is also on guard.



- miysl
- htams
- betrib
- disk
- nuseg
- ye
- lmals
- ladtu



FROGGY FACT
FROGS NEVER HAVE TO DRINK WATER AS THEY ABSORB IT THROUGH THEIR SKIN

EYES SAVE LIVES

TV shows and films depict drowning people yelling, throwing their arms up and kicking their legs. That is not what happens in real life. When someone is drowning, their mouth sinks up and down below the water surface. All they can do is simply try to breathe. This means that yelling is impossible.

People drown quietly. So keep your eyes open for signs of anyone in trouble.

REMEMBER: DON'T GO INTO THE WATER YOURSELF. TELL AN ADULT OR CALL THE EMERGENCY SERVICES ON 112.



HOW LIFEGUARDS HELP

A lifeguard's job is to help people in danger at Ireland's beaches, pools and swimming areas. On average, they help more than 5,000 people and save about 250 lives every year

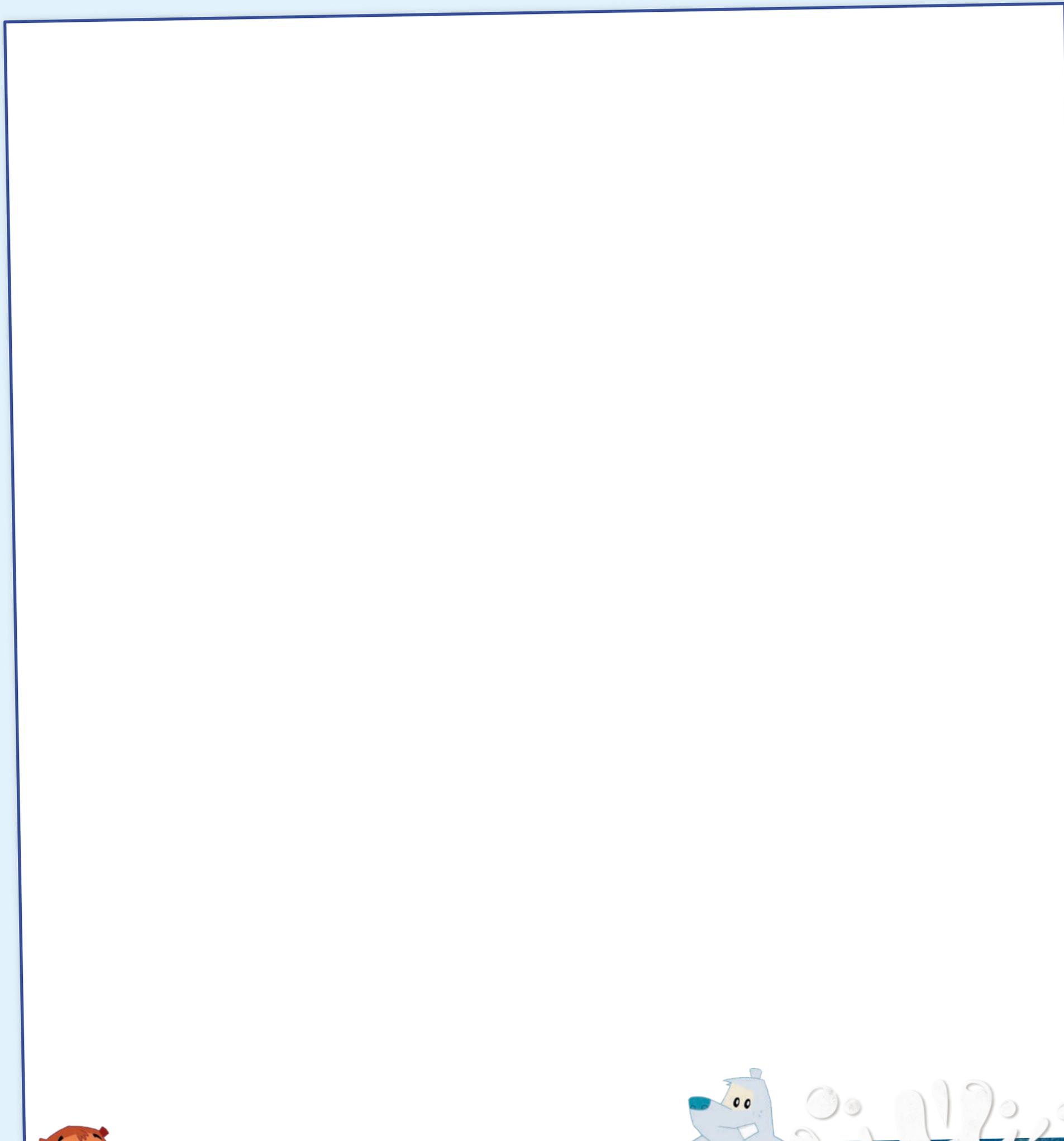
Every house in Ireland has its own eircode. Ambulance drivers, firefighters and gardai use it find your house quickly.

Find your home's eircode at eircode.ie, write it down and stick it on the fridge



DESIGN A WATER SAFETY POSTER

Using everything you have learned about water safety, design a poster showing people how to stay safe in and around water. Your poster can be about general water safety, or you can make it specific to a certain type of water such as a swimming pool, the sea, or water you find on a farm. Decide whether your poster should be aimed at younger children, older children or adults. When you're finished, take a good quality photo or scan of your poster and email it to us at: thechildrenstimes@sundaytimes.ie



**ALWAYS BE CAREFUL
AROUND WATER!**

LEARN BASIC WATER SAFETY SKILLS AT HOME. SEE TEACHPAWS.IE



REMEMBER
S.A.F.E
STAY AWAY FROM EDGES