



Irish Water Safety

Sábháilteacht Uisce na hÉireann

IRISH WATER SAFETY NATIONAL WATER SAFETY AWARENESS AWARD -
FOR THOSE EMPLOYED TO WORK IN OR NEAR WATER

PROSPECTUS

Irish Water Safety is the statutory and voluntary body established to promote water safety in Ireland.

Tá Sábháilteacht Uisce na hÉireann ina bhord deonach reachtúil a bunaíodh le sábháilteacht uisce a chothú in Éireann.

Our Focus...

Our focus is on public awareness and education. Tragically, an average of 146 people drown each year in Ireland. We feel that this is simply unacceptable considering that most fatalities are avoidable. We strive to reduce these fatalities by increasing water safety awareness and by changing attitudes and behaviours so that our aquatic environments can be enjoyed with confidence and safety.

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Specification for the National Water Safety Awareness Award (General) (Code NWSAAG)

Aim

The aim of this Award is to enable personnel to work safely in an aquatic environment.

Entry Level

There are no prerequisites for entry to the course

Module 1

- Drowning Statistics
- Legal Aspects
- General outline of common Hazards associated with aquatic environments including:
 - Rivers & Estuaries
 - Reservoirs & Lakes
 - Beach & Surf
 - Electric Hydro schemes
 - Water Supply Pumping Stations
 - Controlled water channels for power stations
 - Quays, jetties, harbour, bridges
 - Slurry pits
 - Sewerage Works
 - Fast water
 - Infections, water borne diseases
 - Sun & Hypothermia

Module 2

- Personal Safety
- Personal Flotation Devices
- Rescue Equipment
- Simple Rescue Techniques
- Risk Assessment

Specific Learning Outcomes

Module 1

The candidate should be able to complete multi-choice questionnaire on hazards associated with aquatic environments in general to an acceptable standard

Module 2

The candidate should be able to differentiate between various forms of simple rescue techniques.

The candidate should be able to complete multi choice questions on personal safety

Minimum Training Hours

The minimum course time for candidates to complete the course is 3 hours.

Assessment

The assessment for the National Water Safety Awareness Award (General) shall be

Multi-choice questionnaire completion.

The Course Provider

The National Water Safety Awareness Award courses will be provided by Irish Water Safety Accredited personnel.** See Section on Accreditation of the National Water Safety AwarenessAward

The course provider will provide and correct questionnaire.

The course provider will provide on-going assessment.

Results

Candidates must achieve a pass (50%) in the questionnaire



Specification for National Water Safety Awareness Award – Site Specific (Beach) (Code NWSAASSB)

Aim

The aim of this Award is to enable personnel to work safely in a specific aquatic environment.

Entry Level

General Module (NWSAAG)

Module 1

The concept of Risk Assessment
Hazards and Risks of specific beach sites
Risk Mitigation and control measures
Normal Operating Plan
Emergency Action Plan
Basic Life Support

Module 2

Pool Practical Session including:
Entries
Movement in water
Wading,
Turning from prone to supine and supine to prone
Immersion in water wearing a lifejacket
Assuming HELP and HUDDLE positions
Use of safety equipment
Simple Rescue Techniques
Individual assessment

Module 3

Site Specific practical Session
Recognise specific hazards
Identify control measures
Recommend additional control measures that may be required

Specific Learning Outcomes

Unit 1 Knowledge

The candidate should be able to complete a multi-choice questionnaire to an acceptable standard

Unit 2 Practical Pool Session

The candidate should be able to demonstrate

- Safe entry and exit to the water
- Move across pool in a safe manner
- Assist a subject from the water
- Simple rescue techniques
- Turn prone to supine and supine to prone
- Swim a short distance using a PFD

Unit 3 Site Specific Session

The candidate should be able to demonstrate:
Recognition of specific hazards
Knowledge of the control measures in operation for the specified hazard
Ability to recommend suitable control which should be put in place to remove or reduce the risk

Minimum Training Hours

The minimum course time for candidates to complete the course is 5 hours.

Assessment

The assessment for the National Water Safety Awareness Award (Site Specific – Beach) shall be in three Units.

1. Multi-choice questionnaire completion.
2. On going assessment of the following:
 - Safe entry and exit to the water
 - Move across pool in a safe manner
 - Assist a subject from the water
 - Simple rescue techniques
 - Turn prone to supine and supine to prone
 - Swim a short distance using a PFD
3. Candidates must be able to complete a site specific modified Risk Assessment which will include:
 - Specific hazards
 - Knowledge of the control measures in operation for the specified hazards
 - Ability to recommend suitable controls which should be put in place to remove or reduce the risk

The Course Provider

The National Water Safety Awareness Award site specific courses will be provided by Irish Water Safety Accredited personnel. See Section on Accreditation of the National Water Safety Awareness Award**

The course provider will provide and correct questionnaire.

The course provider will provide on-going assessment.

Results

Candidates must achieve a pass (50%) in the questionnaire, the pool assessment and in the completed Risk Assessment





Specification for National Water Safety Awareness Award – Site Specific (Rivers, Streams and Fast Water) (Code NWSAASSR)

Aim

The aim of this Award is to enable personnel to work safely in a specific aquatic environment.

Entry Level

General Module (NWSAAG)

Module 1 Knowledge of:

The concept of Risk Assessment
 Hazards and Risks of specific beach sites
 Risk Mitigation and control measures
 Normal Operating Plan
 Emergency Action Plan
 Basic Life Support

Module 2 Pool Practical Session including:

Entries
 Movement in water
 Wading
 Turning from prone to supine and supine to prone

Immersion in water wearing a lifejacket
 Assuming HELP and HUDDLE positions
 Use of safety equipment
 Simple Rescue Techniques
 Individual assessment

Module 3

Site Specific practical Session
 Recognise specific hazards
 Identify control measures

Recommend additional control measures that may be required

Specific Learning Outcomes

Unit 1 Knowledge

The candidate should be able to complete a multi-choice questionnaire to an acceptable standard

Unit 2 Practical Pool Session

The candidate should be able to demonstrate

- Safe entry and exit to the water
- Move across pool in a safe manner
- Assist a subject from the water
- Simple rescue techniques
- Turn prone to supine and supine to prone
- Swim a short distance using a PFD

Unit 3 Site Specific Session

The candidate should be able to demonstrate:
 Recognition of specific hazards
 Knowledge of the control measures in operation for the specified hazard
 Ability to recommend suitable control which should be put in place to remove or reduce the risk

Minimum Training Hours

The minimum course time for candidates to complete the course is 5 hours.

Assessment

The assessment for the National Water Safety Awareness Award (Site Specific – Rivers, Streams and Fast Water) shall be in three Units.

1. Multi-choice questionnaire completion.
2. On going assessment of the following:
 - Safe entry and exit to the water
 - Move across pool in a safe manner
 - Assist a subject from the water
 - Simple rescue techniques
 - Turn prone to supine and supine to prone
 - Swim a short distance using a PFD
3. Candidates must be able to complete a site specific modified Risk Assessment which will include:
 - Specific hazards
 - Knowledge of the control measures in operation for the specified hazards
 - Ability to recommend suitable controls which should be put in place to remove or reduce the risk

The Course Provider

The National Water Safety Awareness Award site specific courses will be provided by Irish Water Safety Accredited personnel.** See Section on Accreditation of the National Water Safety Awareness Award

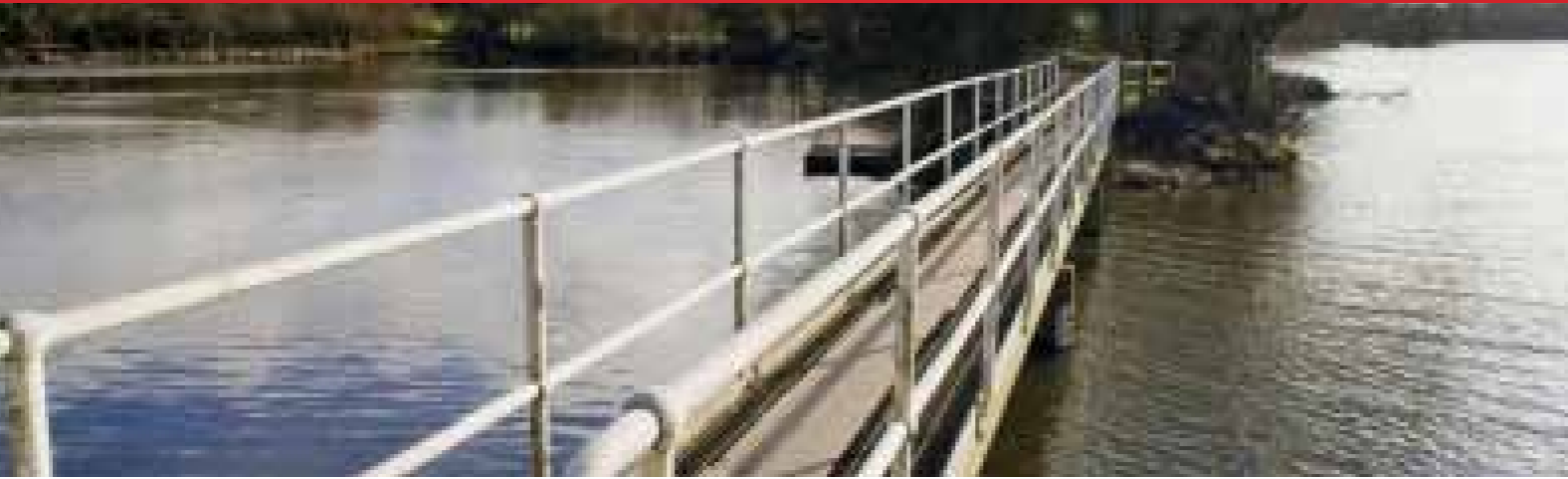
The course provider will provide and correct questionnaire.

The course provider will provide on-going assessment.

Results

Candidates must achieve a pass (50%) in the questionnaire, the pool assessment and in the completed Risk Assessment





Specification for National Water Safety Awareness Award – Site Specific (Water Supply/Pumping Stations and Reservoirs) (Code NWSAASSW)

Aim

The aim of this Award is to enable personnel to work safely in a specific aquatic environment.

Entry Level

General Module (NWSAAG)

Module 1 Knowledge of:

The concept of Risk Assessment
 Hazards and Risks of specific beach sites
 Risk Mitigation and control measures
 Normal Operating Plan
 Emergency Action Plan
 Basic Life Support

Module 2 Pool Practical Session including:

Entries
 Movement in water
 Wading
 Turning from prone to supine and supine to prone

Immersion in water wearing a lifejacket
 Assuming HELP and HUDDLE positions
 Use of safety equipment
 Simple Rescue Techniques
 Individual assessment

Module 3

Site Specific practical Session
 Recognise specific hazards
 Identify control measures

Recommend additional control measures that may be required

Specific Learning Outcomes

Unit 1 Knowledge

The candidate should be able to complete a multi-choice questionnaire to an acceptable standard

Unit 2 Practical Pool Session

The candidate should be able to demonstrate

- Safe entry and exit to the water
- Move across pool in a safe manner
- Assist a subject from the water
- Simple rescue techniques
- Turn prone to supine and supine to prone
- Swim a short distance using a PFD

Unit 3 Site Specific Session

The candidate should be able to demonstrate:
 Recognition of specific hazards
 Knowledge of the control measures in operation for the specified hazard
 Ability to recommend suitable control which should be put in place to remove or reduce the risk

Minimum Training Hours

The minimum course time for candidates to complete the course is 5 hours.

Assessment

The assessment for the National Water Safety Awareness Award (Site Specific – Water Supply/Pumping Stations and Reservoirs) shall be in three Units.

1. Multi-choice questionnaire completion.
2. On going assessment of the following:
 - Safe entry and exit to the water
 - Move across pool in a safe manner
 - Assist a subject from the water
 - Simple rescue techniques
 - Turn prone to supine and supine to prone
 - Swim a short distance using a PFD
3. Candidates must be able to complete a site specific modified Risk Assessment which will include:
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The Course Provider

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Results

Candidates must achieve a pass (50%) in the questionnaire, the pool assessment and in the completed Risk Assessment



What we do...

Teach swimming, lifesaving, water confidence, safety, survival, rescue skills and basic life support. Courses are provided nationwide to the general public and also to children as part of the primary school curriculum. Many qualifications such as our Pool and Beach Lifeguarding Awards are recognised internationally.

Arrange conferences, lectures and demonstrations to Local Authorities, Government Agencies, NGO's, schools, Colleges and members of the public.

Publish literature to promote water safety and target at-risk groups. We provide publications for all aquatic activities to assist the public adhere to best practices.

Our volunteers carry out Risk Assessments on bathing areas and waterways nationwide that may pose a particular risk to the public. We recommend and check rescue equipment and advice on signage and other necessary facilities to make these areas safer. We also advise and assist Local Authorities, state agencies and private enterprises on all matters relating to water safety.

Beach Lifeguards are trained and tested by our examiners for the Local Authorities, prior to the annual summer season each year.

Train and examine rescue boat crews for the Community Inshore Rescue Services and the Coast Guard.

Promote marine safety along with other members of the Marine Safety Working Group and the Irish Marine Search and Rescue Committee.

National and local media help build public awareness by actively communicating our safety messages to the public.

Press releases target the seasonal hazards at sea, on our inland waterways and other aquatic environments.

Analysis and provision of drowning statistics that enables effective targeting of "at risk" groups in Ireland.

Work with a range of organisations to help reduce the high number of drownings by suicide annually.

Organise the Annual National Lifesaving Championships; some of our members then go on to compete in international events each year.

Organise the National Water Safety Awards Ceremony. The "JUST IN TIME" Rescue Award and other awards recognize people's work, providing training and promoting Water Safety in Ireland.

Partners from the private sector sponsor the delivery of messages to key "at risk" groups.

Provide information on the locations of Lifeguarded waterways in Ireland.

Public and private bodies call on us to make submissions on water safety related matters.

Maintain a comprehensive website of water safety advice, publications and courses.

IWS is registered charity CHY 16289





Irish Water Safety
The Long Walk
Galway

Tel: 091-564400
LoCall 1890420202
Fax: 091 564700

info@iws.ie
www.iws.ie

www.aquaattack.ie
www.ringbuoys.ie