

# BASIC LIFE SUPPORT 3

**AIM:**

*To provide comprehensive BLS skills and complement the knowledge in BLS 1 & 2. To provide the necessary BLS skills to deal with choking situations related to conscious and unconscious victims.*

**THEORY LEVEL:** Moderate

**SKILL LEVEL:** High

**PREREQUISITES:** BLS 2

**AWARD:** Certificate.

**VALIDITY:** 2 years.

## TEST ITEMS

1. All skills and knowledge in BLS1 and BLS2.
2. Answer questions on knowledge of the circulatory system, the composition of the blood and the functions of the particles.
3. Candidates must satisfy the examiner on their ability to recognise a cardiac arrest.
4. Demonstrate effective skills to administer one operator, Cardio-Pulmonary Resuscitation (Child and Infant)
5. Demonstrate effective skills to relieve Airway Obstruction for conscious victims. (Adult, child and Infant)
6. Demonstrate effective skills to relieve Airway Obstruction for unconscious victims. (Adult, child and Infant)
7. Demonstrate effective skills to relieve Airway Obstruction when dealing with either pregnant or obese victims.
8. Answer questions on any aspect of Basic Life Support theory.

**Candidates who pass the IWS BLS 3 Exam may also complete Test Items 2 – 6 of the CFR Community Award (Next Page) to be eligible for CFR Community Certification.**

**NOTE: Training MANIKINs & AEDs should be used**

# CARDIAC FIRST RESPONSE COMMUNITY

**AIM:**

*To bring IWS Personal to a higher level of professionalism in the area of Basic Life Support, Cardiopulmonary Resuscitation, Automated External Defibrillation, Choking Response Solutions, Aspirin Administration, Chain of Survival, Critical Incident Stress Management, CFR Report Writing, Cardiac Arrest & Heart Attack, Stroke (FAST) Assessment & Definitions of Death.*

**THEORY LEVEL: High**

**SKILL LEVEL: High**

**PREREQUISITES: BLS 1 - 3**

**AWARD: Certificate.**

**VALIDITY: 2 years.**

## TEST ITEMS

1. All skills and knowledge in BLS 1, BLS 2 and BLS 3 (Skill Test Stations) (Skill Sheet)
2. Stroke (FAST) Assessment
3. Critical Incident Stress Management
4. CFR Report Writing
5. Definitions of Death
6. Aspirin Administration

**Course Registration Form to IWS HQ 14 Days in Advance**

**Fee Payable to IWS HQ**

**Course Material from [www.phecc.ie](http://www.phecc.ie)**

**NOTE: Training MANIKINS & AEDs should be used**