



## **Relay Substitution Policy for Junior/Youth Nationals**

- Relay substitutions can only be made for the following reasons, injury, illness, death in the family. Other reasons such as competing in another competition, holidays, work etc will not be accepted as they are circumstances that could have been known before the regionals therefore the competitor should not have been included in a relay team at regionals with the hopes of qualifying.
- All known substitutions must be made in writing to the sports commission 24 hours prior to the start of the competition via [sport@iws.ie](mailto:sport@iws.ie) all injuries or sickness reasons must be accompanied by a doctor's cert. The replacement competitor must be a competitor who has qualified to enter the National competitions. (Competitors who have consent from the Sports Commission to enter the Nationals due to absenteeism from the Regionals for special circumstances may also be used as replacements unless their entry to the Nationals does not allow them to receive medals or points.)
- If a competitor in a relay team from the regional event is competing on the day of the nationals in any other event they may not be subbed in any of the relay events they qualified in, as it will be deemed they are fit to compete.
- In the case of an injury on the day this must be raised with the Chief Referee before the marshalling of the event and it is at the discretion of the Chief Referee who may consult with the Sports Commission Members present on the day as to whether or not to allow the substitution.
- Exceptions to these rules are the assistant rescuers in the rescue tube relay and in the Taplin relay.
  - Rescue Tube assistant rescuers – these members can be substituted by any individual from the county in the same age group. In a case where there are no other competitors from the county who qualified from regionals available, a non-qualified competitor may step in but only with prior approval from the Sports Commission or the Chief Referee on the day.
  - Taplin Relay – Substitutions may be made here on the day as some competitors may be too tired from the day's events, however only competitors from the county that qualified from the regionals in some event may be used as substitutes.

Any county deemed to be using the substitute rules in an unfair manner as a means of improving their overall results will be disqualified from the overall standings awards.

Any objections to substitutions must be made in writing on the day to the Chief Referee before the overall results are announced. These objections will be reviewed by Commission members present on the day & the Chief Referee.