



Sligo Surf Lifesaving Club



National Nipper & Junior Surf Lifesaving Championships 2019

Event Management Plan

Mullaghmore Beach, Co. Sligo

Sat 24th August – 9.30am start

Sun 25th August – 9.00am start



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Introduction

Water Safety Ireland (Sligo) is delighted to welcome the Irish Surf Lifesaving Community to Mullaghmore Beach in County Sligo for the National Nipper & Junior 2019. We hope you and all the children participating for your respective clubs have an enjoyable weekend here in the northwest.

To ensure the safety and smooth running of the competition for all participants please take the time to read the following information booklet and incorporate our recommendations into your plan for the day. We are looking forward to seeing you all on the 24th and 25th of August.

Access and Parking in Mullaghmore Village

This year the National Nippers and Juniors Competitions coincide with the August Bank holiday weekend in Northern Ireland. Mullaghmore is a popular tourist destination for visitors from north of the boarder so please be prepared for the village and the surrounding road network to be very busy on both days of the competition. We strongly recommend early arrival on both mornings to give yourself ample time to find a parking space and transport your gear to the beach. Parking is free within Mullaghmore Village however you may have to walk up to 10 minutes from your parking space to access the beach.

The main parking areas in close proximity to the beach are detailed on Figure 2 overleaf. There are around 120 dedicated parking spaces along the seafront at Mullaghmore Harbour in front of the Beach Hotel (approximately 500m from the beach).

There is also a small grass-surfaced beach car park which can accommodate around 30 vehicles approximately 200m from the beach for those who arrive early enough before this car park fills.

Parking is also available along the eastern side (right hand side) of the R279 roadway entering Mullaghmore Village. **Parking along the western side of the R279 will not be permitted on the day as this severely restricts two-way traffic flows on the roadway entering and exiting Mullaghmore.**

When parking along the R279 please exercise caution when leaving and returning to your vehicle as you will be walking along a live roadway with no footpath. Please ensure that small children are supervised at all times.

A dedicated equipment set down area will be made available directly adjacent to the beach/competition area. **This area is to be used for dropping off equipment for club trailers and club vans only and for beach access for parents/spectators with a disability. Under no circumstances is this area to be used by parents dropping off children or beach tents or personal equipment.** During the competition this area will be used by the ambulance on standby as the first aid area so parking of club trailers/vans in this area cannot be permitted. A dedicated club trailer/van parking area will be provided in the field directly to the south of Mullaghmore Sailing Club. Please refer to the parking area map in Figure 1 overleaf.



Figure 1 – Parking Area Location Map



Beach and Competition Area

The beach competition area will be zoned into two areas. A tent area and an events area. We ask that you follow the zones detailed in Figure 2 overleaf and set up your tents in the tent area only.

Hot food, snacks and drinks are available for purchase locally at the Beach Hotel, Pier Head Hotel, Ethine's Restaurant, Harrisons Bar (Cliffoney) or at the local shop opposite the harbour. As you all probably know by now there are 26 trillion tons of plastic in the world's oceans so PLEASE DON'T ADD TO IT! We would encourage you all to bring reusable water bottles to the event rather than buying bottled water locally. Also we would encourage you to bring a reusable coffee cup for use when purchasing teas or coffees for take-away from the local shop.

Toilet facilities will be available (portaloos) on the grassed area above the south end of the beach at the small beach car park.

To assist in the smooth running of the competition the plan is to complete the beach events alongside ocean events. There will be a short break (no longer than 30 minutes) for lunch in between the beach and ocean events on both days.

The tides on the days of the competition will be neap tides and tide times and heights are as follows:-

Saturday 24 th of August	Low Water 6:06am (ht=1.38m)
	High Water 12:24pm (ht=2.94m)
Sunday 25 th of August	Low Water 7:24am (ht=1.44m)
	High Water 13:48pm (ht=2.98m)

A notional running order of events is provided later on in this document however please note that depending on the sea state/ weather conditions on the day we may need to change the order of the events so please take this as a guide only.

As we all know we are here because of children and young people. Their fun & enjoyment, sense of achievement, personal challenge, making of new friends & meeting old rivals, leads to success in an event like this. The WSI values of respect, fairness, inclusion, participation and equality are imperative in our behaviour over the weekend. We ask your assistance in making this a weekend for and about the development of children and young adults.

Lastly we will observe a 10 minute beach clean-up at the end of each day to ensure that we have left no trace of our activities on the beach.

Figure 2 – Competition Area and Dedicated Zones





Officials

- Chief Referee – Clare McGrath
- Deputy – Seamus O’Neill
- Starter - Area referees
- Recorders- Supplied by all counties
- Marshalls/Finishers – All counties are asked to supply two people

The role of referees is to ensure fairness in competition. Any issues or queries to decisions should be made through your team manager, not directly to referees. At all events both on the beach and in sea, as with all sports, the referee’s decision is final.

Breakdown of Events

Day 1 will start at 9.30am and Day 2 will start at 9.00am.

There will be two flag courses, two ocean courses and 1 sprints course. The order of the events will be as follows or otherwise at the discretion of the Chief Referee.

Please be aware that some events may be moved so you should make yourselves available for the full day of competition regardless of the number of events that you are participating in.

Order of Events

Saturday 24th Day 1 (Nippers Events – All Finals) 9.30am Start

Nipper programme (subject to change)		
All Finals		
AM	BOYS 9-11 BEACH Flags & Sprints, Relay	BOYS 12-14 BEACH Sprints, Relay & Flags
	GIRLS 9-11 WATER Swim & board & taplin	GIRLS 12 -14 WATER Swim, fins, boards, taplin
PM	GIRLS 9-11 BEACH Flags & Sprints, Relay	GIRLS 12-14 BEACH Sprints, Relay & Flags
	BOYS 9-11 WATER Swim & board & taplin	BOYS 12-14 WATER Swim, fins, boards, taplin

Junior Programme (subject to change)	
Saturday 24th Day 1 (Juniors Events) - 3.00pm Start (Managers Meeting 2.30pm)	
GIRLS	BOYS
Flags - heats & Finals	Swim heats
Swim heats	Oceanman final
Oceanwoman - final	Flags - heats & finals
Sunday 9am start - 8.30am managers meeting	
Girls Board heats	Boys Board heats
Girls Ski heats	Boys ski heats
Girls	Boys
Board rescue H&F	Sprint heats
Tube rescue H&F	Sprint final
Sprint heats	Sprint relay heats
Sprint final	Sprint relay final
Sprint relay heats	Board rescue H&F
Sprint relay final	Tube rescue H&F
Finals	
G&B Swim	
G&B Board	
G&B Ski	
G&B Taplin	

Mullaghmore and Environs - Shops, Food and Accommodation

Sligo town is the nearest main shopping centre and is approximately 25 minutes' drive south along the N15 from Mullaghmore. Sligo town has numerous restaurants, hotels and bed and breakfast accommodation. Grange village (approximately 10 minutes' drive to the south of Mullaghmore) has a large supermarket, take-away restaurant and petrol filling station with hot food deli. Bundoran Town (approximately 10 minutes' drive to the north of Mullaghmore) is a popular seaside resort with all the usual tourist amenities including hotels, hostels and bed and breakfast accommodation.

Safety Plan

The event will be zoned as per Figure 2. An ambulance will be on standby located at the equipment drop off area at the western end of the beach.



Responsibilities: The Chief Referee is responsible for the smooth and safe running of the competition and will with the assistance of the deputy referee and area referees seek to engage team managers and coaches in creating a safe and enjoyable competition. In the event of an emergency, or the need for the event to be stopped, where a safety issue is a key consideration, the chief referee will have the use of the public address system to advise and instruct on the decided course of action.

Communication This event will operate with a public address system to facilitate simultaneous communication between event organisers / officials with all competitors and counties. Referees and officers of the competition will have access to radio (walkie talkie) communication, based at the start and finish of the sea events, ensuring correct numbers on finish of races. The chief/area referee will have radio communication with the cover boats which will be situated on the outer limit of the sea competition areas.

The local organiser/sports officer will have all local emergency contact numbers at hand.

Children's Officer and Camera Registration: There will be a designated Children's Officer and a camera registration officer for the day. They will be based centrally at the results tent.

Children's Officer Day 1: Sarah Jane Lewis

Children's Officer Day 2: Sarah Jane Lewis

Emergency services cover: The following emergency service cover will be provided:-

- St John's Ambulance / Civil Defence - first aid on foot on land, with standby ambulance cover located at the equipment set down area detailed on Figure 1
- Off duty Lifeguard cover on rescue boards at each of the sea courses
- Water Safety Ireland Inshore Rescue Boats stationed on the outer limits of the 2 sea competition areas