



**National Pool Lifeguard Award Level 1 or 2 Examination Return – Unit 1 BLS**

**Venue** \_\_\_\_\_

No.	Name	Demonstrate Adult CPR on Adult Manikin And use of AED <b>50</b>	Demonstrate 2 operator CPR on Adult Manikin <b>10</b>	Demonstrate Child CPR on Infant/Child Manikin <b>10</b>	Turn unconscious prone victim – Check for breathing - Demonstrate Recovery Position <b>20</b>	Treat alternative circumstances to include choking and vomiting victim <b>10</b>	Sub-total <b>Max mark 100</b>	Pass/Fail <b>Pass = 50 or more</b> <b>Fail = 49 or less</b>
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Candidates must achieve pass (50%) in each technique.

**Examiner's Signature** \_\_\_\_\_

**Date** \_\_\_\_\_

**National Pool Lifeguard Award Level 1 Examination Return – Unit 2 Lifeguard Skills Venue: \_\_\_\_\_**

No.	Name	Demo. 2 land based rescues  10	Demo. 2 non -contact rescues  10	Demo. any 3 suitable contact rescues or releases from drowning grips  30	Demo. 1 evasive & 1 defensive technique.  10	Demo. 3 methods of towing subject and an "assist"  10	Retrieve an item from deepest part of pool & Demo. Shallow water resuscitation  10	Demo. Techniques for spinal injury management in shallow water  20	Sub Total  Max. 100	Pass/Fail  Pass = 50 or more. Fail = 49 or less
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Candidates must achieve pass (50%) in each technique.

**Examiner's Signature** \_\_\_\_\_

**Date** \_\_\_\_\_

**National Pool Lifeguard Award Level 2 Examination Return – Unit 2 Lifeguard Skills Venue: \_\_\_\_\_**

No.	Name	Demo. 2 land based rescues  10	Demo. 2 non -contact rescues  10	Demo 3 contact rescues & releases from drowning grips  30	Demo. 1 evasive & 1 defensive technique.  10	Demo. 4 methods of towing subject  10	Demo. Surface dive min. 2 meters with deep water resus. 10	Demo. Techniques for spinal injury management 20	Sub Total  Max. 100	Pass/Fail  Pass = 50 or more. Fail = 49 or less
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Candidates must achieve pass (50%) in each technique.

**Examiner's Signature** \_\_\_\_\_

**Date** \_\_\_\_\_

**National Pool Lifeguard Award Level 1/2 Examination Return – Unit 3 Pool Operation Skills** Venue: \_\_\_\_\_

No.	Name	Assess Situation 10	Take Appropriate Action 10	Communicate Effectively 10	Initiate follow up procedures 10	Sub Total 40	Pass/Fail 20 or more = pass. 19 or less = fail
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**Examiner's Signature** \_\_\_\_\_

**Date** \_\_\_\_\_