



Irish Water Safety
Sábháilteacht Uisce na hÉireann

Water Safety in the Pool

- Watch out in case there is no proper barrier between the kiddies pool and the main pool.
- When you first arrive, find out if there is a Lifeguard on duty.
- Watch out for sudden drops in the pool floor.
- Leave time after your meal before you go swimming.
- Beware of wet and slippery surfaces.
- Do not swim in water that looks discoloured or murky.
- Listen to the instructions of Pool Lifeguards.



Irish Water Safety
*The statutory body established to
promote water safety in Ireland.*

Our focus is on Public Awareness. Tragically, about 160 people drown each year in Ireland. We feel that this is simply unacceptable considering that most fatalities are avoidable. We strive to reduce these fatalities by increasing water safety awareness and by changing attitudes and behaviours so that our aquatic environments can be enjoyed with confidence and safety.

Contact Irish Water Safety for:

- Swimming, Lifesaving, Water Confidence, Water Survival, Water Rescue Skills and Basic Life Support training. Many qualifications such as Pool and Beach Lifeguarding are internationally recognised.
- Water Safety publications, advice and courses.
- Lifesaving competitions, provincial, national and international.
- Lifeguarded waterway locations nationwide.
- Websites about water safety: www.iws.ie, www.aquaattack.ie, www.ringbuoys.ie
- Risk Assessments to make waterways safer.
- National Water Safety Awards such as the "Just In Time" Rescue Award.
- Conferences and exhibitions on water safety.
- Training for Community Inshore Rescue Services.
- Water safety media press messages about seasonal water hazards.
- Drowning statistics analysis to target at-risk groups.
- Private sector sponsorships of water safety messages to at-risk groups.

IWS is registered charity CHY 16289

Irish Water Safety

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www.iws.ie
www.aquaattack.ie
www.ringbuoys.ie



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Water Safety in the Pool



Be careful not to dive into shallow water



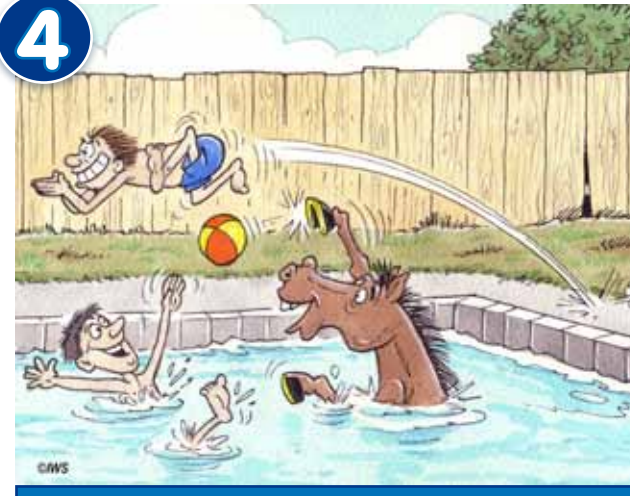
Watch out for younger children at all times



An adult should always supervise playtime



Check to see how deep the pool is before getting in



Obey all pool rules such as no running dives and no horseplay



Remember to check for others before entering the water

Remember these rules – Enjoy yourself – Come home safely