

## ***PREREQUISITES FOR SWIMMING AND LIFESAVING CLASSES***

<b><i>CLASS</i></b>	<b><i>AGE REQUIREMENT</i></b>	<b><i>PREREQUISITES</i></b>	<b><i>RECOMMENDED</i></b>
<b>SEAL 1 - 5</b>	None	None	
<b>MARLIN 6 - 10</b>	None	None	
<b>ORCA 11 - 15</b>	None	None	
<b>CHALLENGE 1</b>	None	None	
<b>CHALLENGE 2</b>	None	None	
<b>SAFETY 1</b>	None	None	
<b>SAFETY 2</b>	None	None	
<b>SAFETY 3</b>	None	<b>None</b>	
<b>SAFETY 4</b>	<b>None</b>	<b>None</b>	
<b>ENDURANCE 1</b>	<b>11 Years on date of Assessment</b>	<b>None</b>	
<b>ENDURANCE 2</b>	<b>12 years on date of Assessment</b>	<b>None</b>	
<b>SURVIVAL 1</b>	<b>11 Years on date of Assessment</b>	Open water	
<b>SURVIVAL 2</b>	<b>12 Years on date of Assessment</b>	Open water	Safety 4
<b>RESCUE 1</b>	<b>12 years on date of Assessment</b>	Safety 4 and Survival 1	
<b>RESCUE 2</b>	<b>13 years on date of Assessment</b>	Rescue 1 and Survival 2	
<b>RESCUE 3</b>	<b>14 years on date of Assessment</b>	Rescue 2	

Various aspects of the new Swim Awards are suitable only for swimming pools. In this context Instructors should adapt the Award Test Item to suit open water conditions. Please note the attached Guidance on the delivery of the Swimming Awards in open water.

We recommend that those who do **Rescue 3** should attend two weeks of instruction before taking the exam. Those who wish to avail of this will not be charged for their second week.